

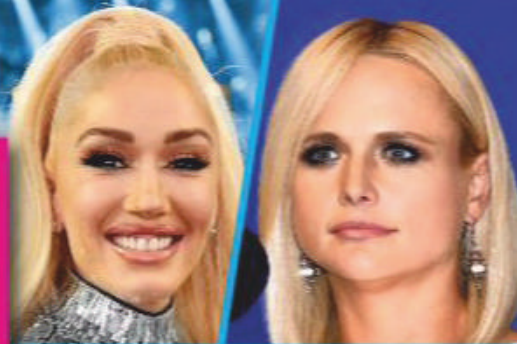


SHAVE UP

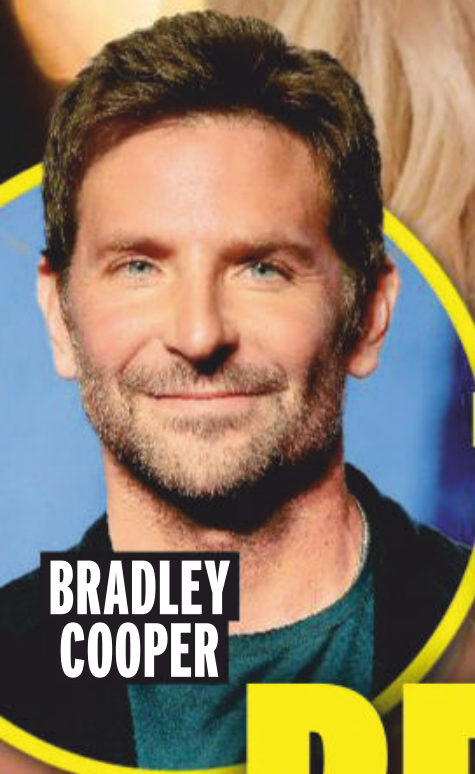
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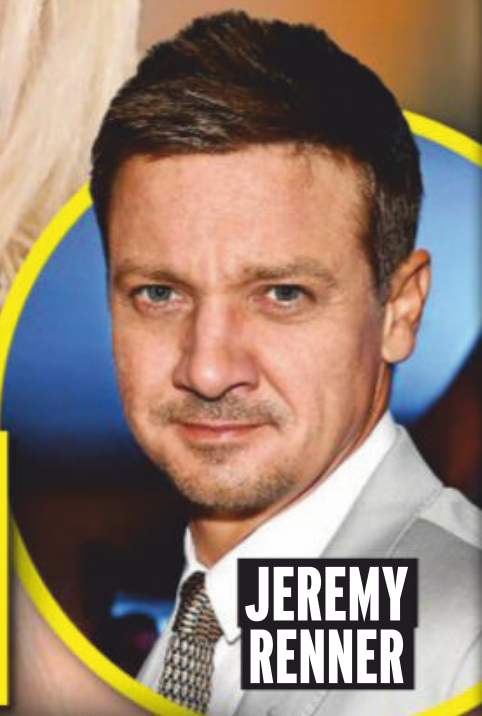


UGLY SHOWDOWN
GWEN HUMILIATES MIRANDA!



BRADLEY COOPER

Gaga



JEREMY RENNER

TORN BETWEEN TWO LOVERS

THEY BOTH WANT TO MARRY HER!

- **Bradley begs Gaga for a second chance**
- **Why Jeremy will never break her heart**

FRIENDS: "YOU HAVE TO CHOOSE!"



PHOTOS INSIDE!

Bachelor
Colton & Cassie ENGAGED!



KRISTIN CAVALLARI FIGHTING TO SAVE HER MARRIAGE

\$3.99



0 73917 64552 7

16>



54 The final season of *Game of Thrones* is finally here!

Latest News

6 KOURTING COMPETITION

How Gwyneth Paltrow's Goop stacks up to Kourtney Kardashian's newly minted lifestyle brand, Poosh

10 NOVELTY ITEM

Jason Momoa can't let go of this '80s accessory – and, no, it's not the banana clip!

52 WARDROBE MALFUNCTIONS

Tracee Ellis Ross, Bebe Rexha and Rita Ora make some dubious style choices

Fashion & Beauty

46 MARRIAGE MATERIAL

It's wedding season! Scan our list for that perfect present for the newlyweds

50 TO DYE FOR

Julianne Hough shares her secrets to healthy hair color no matter the hue

In Every Issue

- 4 Who Wore It Better?
- 12 Up Close
- 56 Animal Overload
- 58 Time to Relax
- 60 Double Take
- 62 Horoscope
- 64 Last Laughs

44 How Gigi Hadid

and other stars train to flaunt taut and toned tummies all year long.



INTOUCH

April 22, 2019 • Vol. 18 Issue 16

34 9021-uh-oh! A bench warrant is issued for **Tori Spelling** after she fails to appear in court for a bank lawsuit case.



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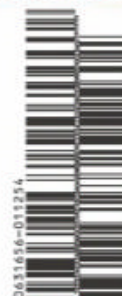
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Average weight loss with the key ingredient in Hydroxycut® (*C. canephora robusta*) was 10.95 lbs. in 60 days with a low-calorie diet and 3.7 lbs. in 8 weeks with a calorie-reduced diet and moderate exercise. ♦Based on AC Nielsen xAOC unit sales for Hydroxycut® caplets. Read the entire label. ©2019



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CVS/pharmacy

Walgreens

Available at
Walmart



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AMERICA'S #1 SELLING WEIGHT LOSS SUPPLEMENT BRAND ♦

WHO WORE IT BE



We appreciate the fact that Marisa added a black blazer to this tiered Rodarte gown and opted for a shorter hem – both kept it from looking too frou-frou. Kirsten looks like she's headed to prom...in 1952.

The "New Rules" singer schools television correspondent Keltie on how to wear this Alexandre Vauthier number. The key takeaway? Don't forget the accessories!

TTER?

One star sizzles,
while the other
one fizzles



Doutzen
Kroes



Gwen
Stefani

Doutzen
did!

Model Doutzen's mussed-up mane and simple strappies were the perfect sexy complements to this sheer panel David Koma dress. Want to know what was *not*? Gwen's fishnet stockings and safe pumps.

Promotion
THINNING HAIR

GROW YOUR HAIR
*Faster, Longer
and Stronger*

Celebrity stylists swear by **BOOST-IT**, a clinically tested gender specific hair care line designed to accelerate hair growth and leave hair lustrous and strong, promising results in as little as 8 weeks.

A special blend of actives and antioxidants along with biotin, caffeine and ginseng, work to stimulate the scalp and support hair growth from the root, visibly improving hair texture, whilst encouraging hair growth and strengthening tresses.

OVER 60 MILLION WOMEN WILL SUFFER FROM THINNING HAIR.



BY AGE 35, 2/3 OF MEN EXPERIENCE THINNING HAIR.



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OMG...

inTOUCH WITH THE BEST OF THE WEEK

KOURTNEY

GWYNETH

39

AGE
|

46

NET WORTH

\$35 MILLION

\$60 MILLION

NAME INSPIRATION



"Poosh" is her nickname for her 6-year-old daughter, Penelope.

Her initials bookending "oo" – which she'd heard made internet brands more successful.

MOST HUH?! QUOTE

"Healthy living gets a bad rap; it's as though if you care about what you put in – or on – your body then you're not sexy or cool."

"I remember when I started doing yoga, and people were like 'What is yoga? She's a freak.'"

POOSH

go

GO-TO HOSTESS GIFT

\$485

Louis Vuitton playing cards

\$85

Hermès playing cards

ON THE OG DOMESTIC GODDESS

"I have a very major obsession with Martha Stewart. Her organizing tips literally rock my world."



"If I'm really honest, I am so psyched that she sees us as competition."

SHARED EXPERT

Shiva Rose's "self-love" ritual helps "release negativity and detoxify" by placing herbs, essential oils and rose quartz crystals in the bathtub.

On Goop, actress-turned-lifestyle blogger Shiva suggests sticking those \$55 rose quartz crystal eggs in a more, ahem, private spot.

OVERLAPPING OBSESSIONS

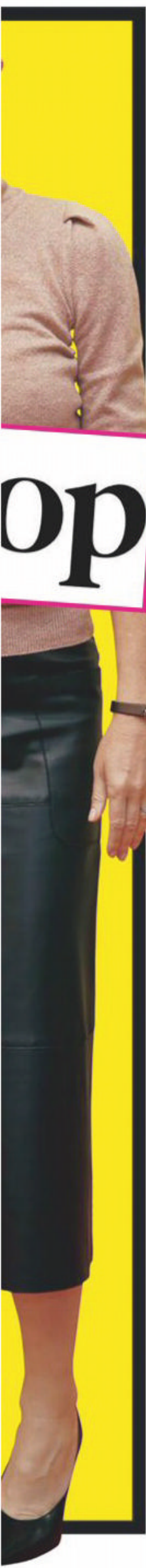
Tracy Anderson workouts, outrageously expensive candles, Dr. Barbara Sturm's custom face cream made from blood, outdoor pizza ovens, avocado toast...



TALE OF THE TAPE OF THE WEEK
KOURTNEY
VS. GWYNETH:

BATTLE OF THE LIFESTYLE GURUS!

Kourtney Kardashian launches Poosh, a curated site for beauty, wellness, food, travel and entertaining tips – which sounds exactly like Gwyneth Paltrow's insanely successful venture Goop! *In Touch* matches them up



HYPOCRITE OF THE WEEK

HARRY BASHES INSTAGRAM... A DAY AFTER JOINING!

Prince Harry – who reportedly had a secret Facebook account under the name “Spike Wells” years ago – and wife Meghan Markle – who regularly posted selfies and more on Instagram before joining the royal family – launched their official joint Instagram page, @sussexroyal, on April 2 to share “the work that drives us, the causes we support, important announcements and the opportunity to shine a light on key issues.” But the very next day, Harry, 34, went off in a scathing rant on social media, calling it “addictive” and “dangerous.” (No one tell their 3.9 million followers!)



NUMBER OF THE WEEK

10

– years Charlize Theron claims she’s been single, noting “I’m shockingly available”



MELTDOWN OF THE WEEK

ELISABETH HASSELBECK

“What the f---! I don’t even swear. This woman is driving me nuts.” – in a leaked 2013 rant about her View co-host Barbara Walters



GAFFE OF THE WEEK

STEVIE NICKS

“He decided to make a solo record from ‘NSync – sorry, not ‘NSync. I’m never going to live that one down.” – talking about her pal Harry Styles



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OMG...

THE CRIB SHEET

Price
\$33 MILLION
Bedrooms
11
Bathrooms
14
Sq. footage
18,000

criboftheweek

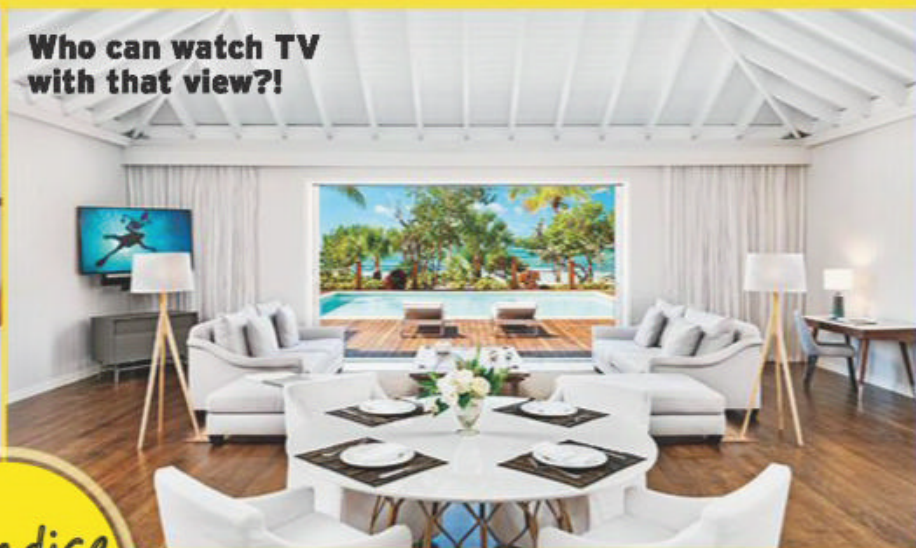
BRUCE'S CARIBBEAN PALACE

What could they be thinking?! Bruce Willis and Emma Heming have listed their stunning Turks and Caicos beachfront mansion. At a staggering \$33 million, it's the most expensive home on the island. The living-dining area alone is 1,000 square feet and opens to a 70-foot-long swimming pool. The home has lots of memories, too – it's where they married in 2009 and renewed their vows in March.



Wonder if Demi slept here when she attended her ex's vow-renewal ceremony?

Who can watch TV with that view?!



The property has two additional identical villas, each with its own pool.



Paradise found!



I see...naked people.

JESSICA BOASTS ABOUT PRODUCING BREAST MILK: TMI OR MORE POWER TO HER?



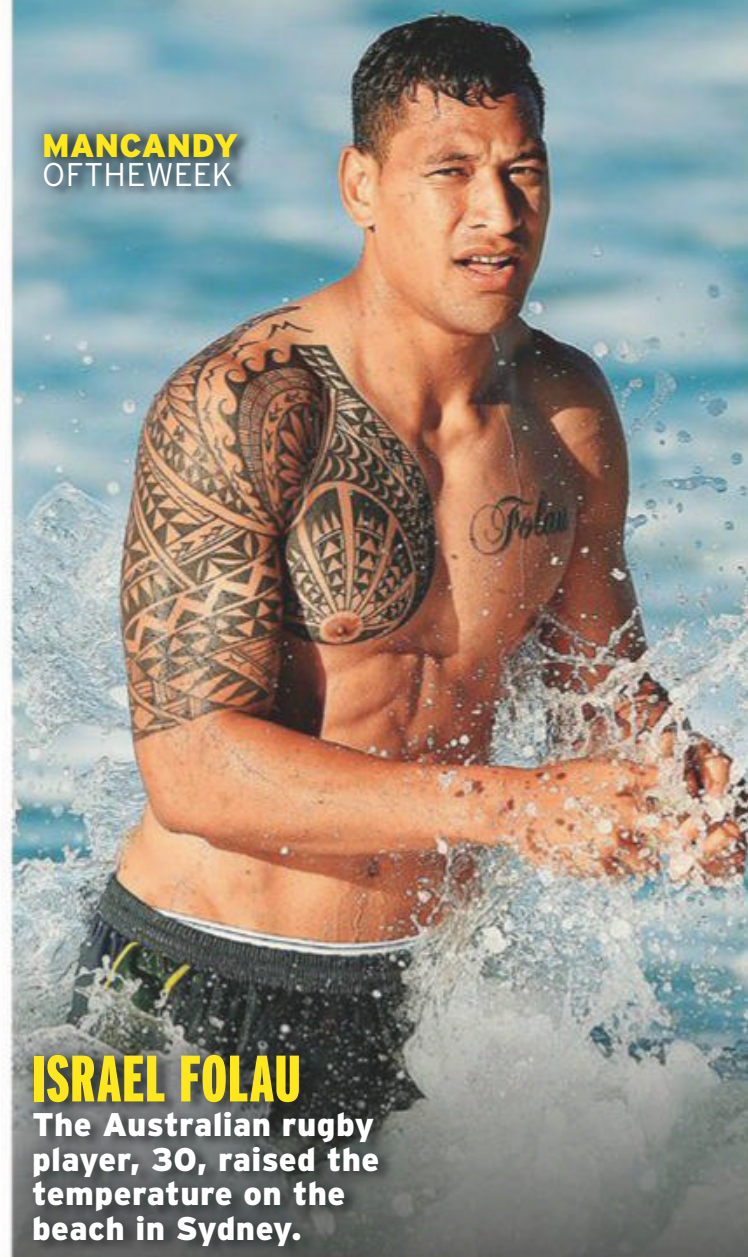
Got milk? Jessica does – and she's letting everyone know it. On April 2, the fashion mogul, who just welcomed her third child, daughter Birdie, shared a photo of a full bottle of breast milk, captioning it, "This is what success feels like."



But many moms thought the post was a failure. "It's a proud moment when you're able to produce that much," wrote one online commenter. "However, sharing it with the public is a bit much." Added another, "Why does every celebrity have this compulsion to announce to the world that they're breast-feeding?" But Jess can do no wrong in some people's eyes. "She's proud of it and sharing it with her fans," wrote one. "There's nothing wrong with that!"

69%
say TMI

MANCANDY OF THE WEEK



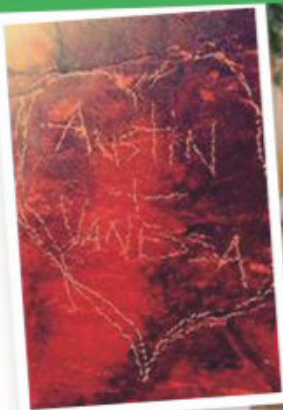
ISRAEL FOLAU

The Australian rugby player, 30, raised the temperature on the beach in Sydney.

STARS BEHAVING BADLY... With Natural Wonders!



MILEY CYRUS
Conservationists freaked when the singer, 26, posted Instagram shots on April 2 of herself hanging from and sitting on a Joshua tree – which they say is like taking a wrecking ball to the fragile desert plant!



VANESSA HUDGENS
All for the 'gram! The actress, 30, had to pay a \$1,000 fine after posting a rock etching she made at Arizona's Coconino National Forest in 2016.



ED SHEERAN
"They were like, 'Don't walk over there!'" admits the singer, 28, of ignoring warnings to stay on the path near a geyser in Iceland, which resulted in severe burns to his foot in 2016.

OMG



ACCESSORY OF THE WEEK

JASON'S SCRUNCHIE IS BACK!

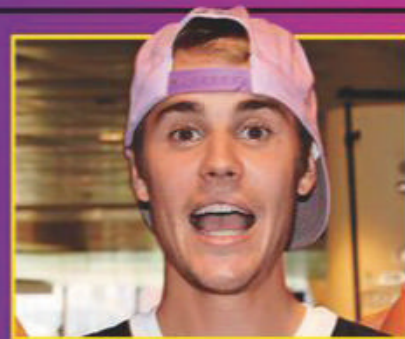
Real men wear pink...scrunchies! Jason Momoa hit the red carpet for *Game of Thrones'* NYC premiere on April 3 sporting his favorite wristband: the blush velvet hair tie that first went viral after he wore it to February's Oscars. He "single-handedly ended toxic masculinity!" one fan swooned. The 39-year-old didn't borrow it from his daughter – the Fendi accessory was a gift from a hairstylist on his upcoming Apple TV series, *See*. "I freaked out because it was beautiful," says Jason, who told stylist Jeanne Yang, "It would be pretty rad if we could make a suit like that." (As Yang put it: "Prince [had] purple. Jason has pink.") That Oscars tux turned out to be the last thing late icon Karl Lagerfeld designed, and the actor hasn't stopped planning his wardrobe around his humble scrunchie – it's been spotted on him multiple times. If anyone can make the '80s-era trend cool again, it's the guy who made *Aquaman* a hit!



WINNER OF THE WEEK

LAW & ORDER: SVU

The NBC drama is renewed for a 21st season, making it TV's longest-running prime-time live-action series.



LOSER OF THE WEEK

JUSTIN BIEBER

The pop star is forced to apologize twice in one week over his Instagram posts – first for his April Fools' prank that wife Hailey Baldwin is pregnant, then for using a shot of Sean "Diddy" Combs and the late Kim Porter to promote his clothing line.

MAKEOVER OF THE WEEK

JORDYN WOODS

Trying to put the scandal behind her? Kylie Jenner's former BFF, 21, stepped out with platinum blond locks in late March.



**"IF THEY'RE GONNA
SNACK"**

why not give 'em

SOMETHING GOOD?"

Jimmy Dean

Tasty
**SAUSAGE
and
CHEESE**



**PROTEIN -
PACKED
EGG**



**TODAY'S YOUR
DAY TO
*Shine on***

upclose



COURT ORDER

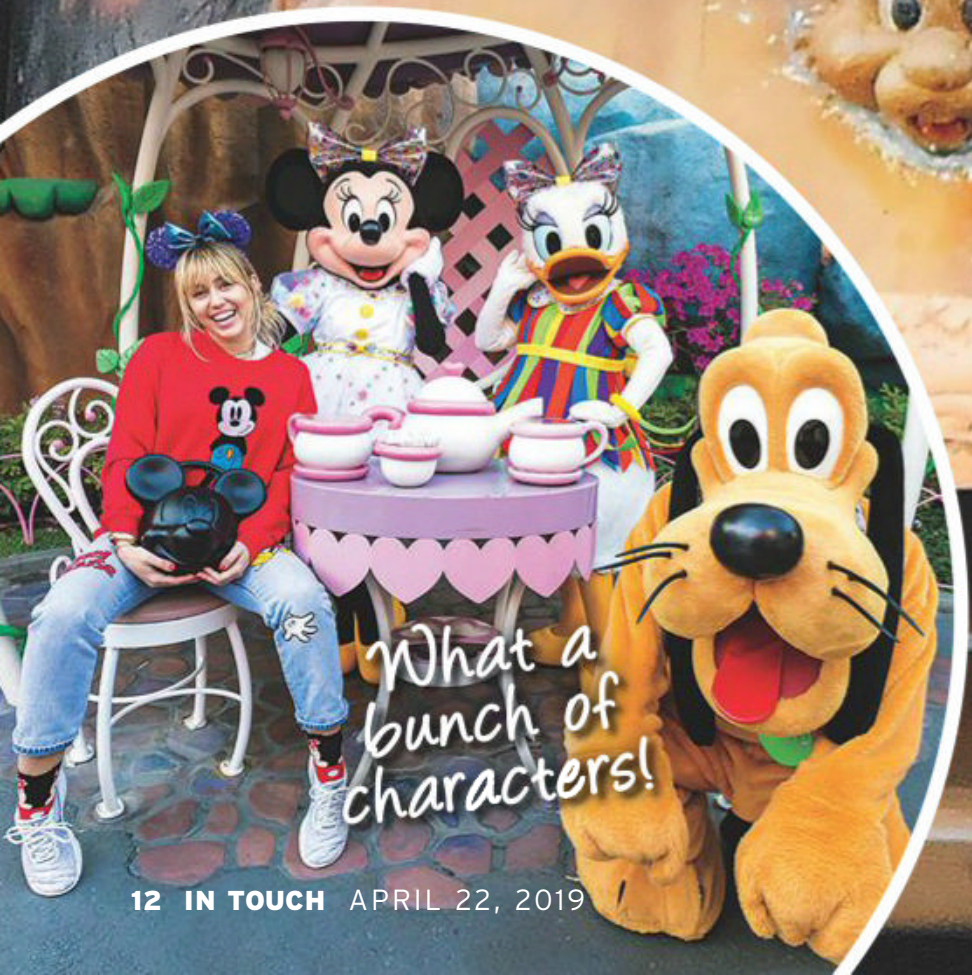
LA, March 29

JON HAMM causes a racket while playing doubles tennis with friends.

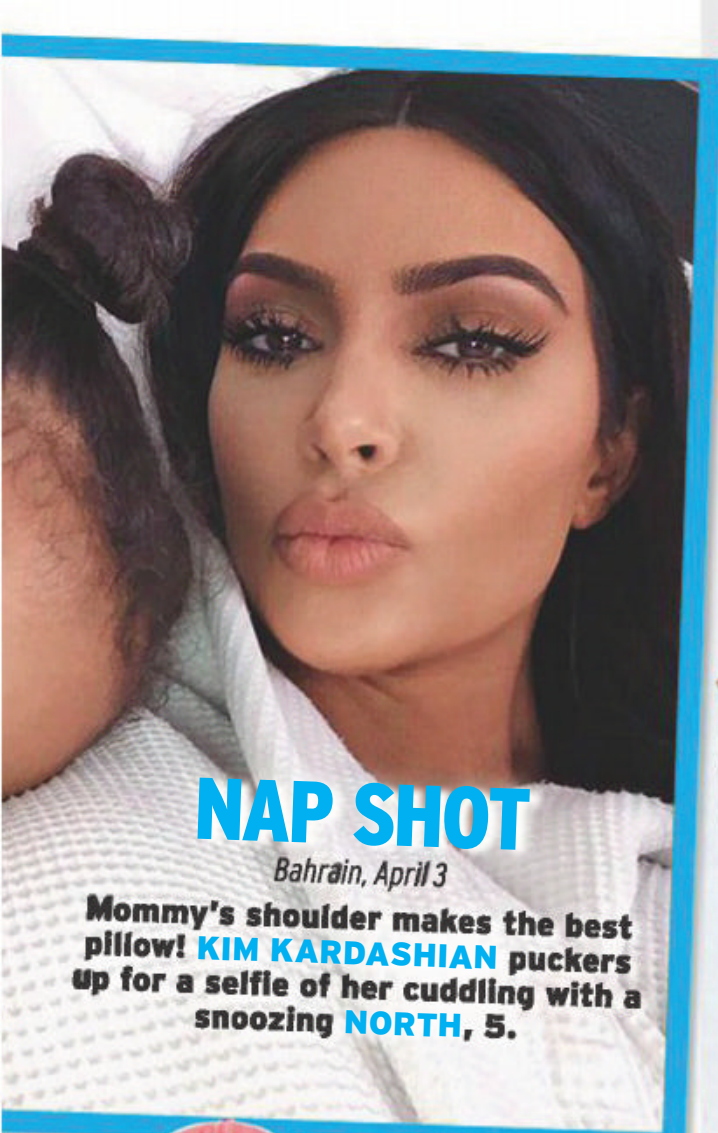
RIDE OR DRY

Anaheim, Calif., April 2

Hannah Montana returns to her Disney roots! Decked out in Mickey Mouse clothes, **MILEY CYRUS** rides Splash Mountain and hangs with Minnie Mouse, Daisy Duck and Pluto during her day at Disneyland.



What a bunch of characters!



NAP SHOT

Bahrain, April 3

Mommy's shoulder makes the best pillow! **KIM KARDASHIAN** puckers up for a selfie of her cuddling with a snoozing **NORTH**, 5.



STANDING OVATION

NYC, April 2

Paw-some pair! **JUSTIN THEROUX**'s rescue dog, Kuma, is his plus-one to the Best Friends Animal Society gala at Guastavino's.



No purse.
No problem.

upclose

DRAGON LADY

Las Vegas, April 2
MELISSA MCCARTHY
goes all out
at CinemaCon
to promote
her upcoming
action-comedy
Superintelligence.
HELEN MIRREN
(inset) approves!

Melissa is
on fire!



protection for your

flyest

looks



UP TO **100%**
LEAK & ODOR-FREE
wear what you want



TAMPAX radiant *always*
COLLECTION

JON LOVES YGRITTE

NYC, April 3

On-screen lovers turned offscreen husband and wife **KIT HARINGTON** (Jon Snow) and **ROSE LESLIE** (Ygritte) made their first red-carpet appearance as a married couple.

CHOKES ARTISTS

It was a Red Viper vs. The Mountain rematch as **PEDRO PASCAL** gets revenge for his character Oberyn Martell's Season 4 death at the hands of **JULIUS BJORNSSON**'s Gregor Clegane.

CROWD-PLEASER

Hello, Hodor! **KRISTIAN NAIRN** greets fans waiting outside of the epic event at Radio City Music Hall.

JOFFREY, IS THAT YOU?

King Joffrey is dead, but long live **JACK GLEESON**, who's been part of the Dublin-based theater company Collapsing Horse since retiring from screen acting after his *GoT* character's death.



GAME OF THRONES FINAL SEASON PREMIERE

THREE'S COMPANY

Since Jaime Lannister's sister/lover Cersei (Lena Headey) couldn't make the event, **NIKOLAJ COSTER-WALDAU** (Jaime Lannister) played third wheel to **JASON MOMOA** (Khal Drogo) and his wife, **LISA BONET**.



SISTER ACT

MAISIE WILLIAMS (Arya Stark) and **SOPHIE TURNER** (Sansa Stark) are sisters on *GoT* and best friends in real life. "People always think Maisie and I are a couple," says Sophie. "I mean, I am obsessed with her...."



POWER PAIR

"We saw the first episode and it's so good you guys are gonna freak out!" says **EMILIA CLARKE** (Daenerys Targaryen), leaving her dragon at home to conspire with **PETER DINKLAGE** (Tyrion Lannister).



SHOW OF HANDS

How about a round for the Hound? **RORY MCCANN** (Sandor "The Hound" Clegane) gesticulates for fans and photographers.



A DRESS TO IMPRESS

GWENDOLINE CHRISTIE traded Brienne of Tarth's armor for a flowy Iris van Herpen couture gown.

BELLY OF THE BALL

Baden-Baden,
Germany, March 30

MIRANDA KERR shows off her budding baby bump at the Gruner & Jahr Spa Awards, after announcing she's expecting her second child with her husband, Snapchat CEO Evan Spiegel – just 10 months after giving birth to their son Hart! (She's also mom to son Flynn, 8, with ex Orlando Bloom.)

SKATER GIRL

LA, April 2

She's on a roll! **KENDRA WILKINSON** does some sidewalk surfing on a longboard.

SWEET SURPRISE

Nashville, April 1

KEITH URBAN made country legend **LORETTA LYNN**'s 87th birthday wish come true by jumping out of a fake cake at her birthday show. "Your wish is always my command Miss Loretta!" quipped Keith.



RUNNING MAN

Miami, April 2

WILL SMITH is on the chase while on the case as he films the threequel *Bad Boys for Life*.



COMING IN HANDY

NYC, April 7

KATIE HOLMES has a *Home Alone* moment courtside while cheering on the New York Knicks as they defeat the Washington Wizards at Madison Square Garden.



SHIRTS & SKINS

LA, April 5

Balling with the stars! **MAKSIM CHMERKOVSKIY** and his shirtless brother, **VAL**, scrap it out against each other in a pickup game of basketball.



RAISING THEIR VOICES

Las Vegas, April 7

CHRISSY METZ gets all-star assistance from the likes of **CARRIE UNDERWOOD** as the *This Is Us* star makes her live TV singing debut, premiering her song "I'm Standing by You" from her movie *Breakthrough* at the ACM Awards.



2X — THE — BEEF

- OF THE LEADING MEAT SAUCE LASAGNA* -

Mouthwatering taste you love



Good Food, Good Life

*Stouffer's Lasagna with Meat & Sauce has 2x the Beef of Stouffer's Lasagna Italiano, the leading national frozen meat sauce lasagna based on total sales L52W/E 12/01/18.

POOL PARTY

Las Vegas, March 18

Taking her cue! **CELINE DION** poses on a billiards table as part of her campaign as the latest spokesperson and brand ambassador for L'Oréal Paris.



SUPER SPOOF

LA, April 3

Shazam! star **ZACHARY LEVI** heroically helps host **JAMES CORDEN** develop the power – to grow a goatee? – in a *Late Late Show* sketch.



RAISING THE BAR

April 1

BRITTANY SNOW says thinkThin changing its name to think! has "got me thinking: I should just be Brittany! It's short, surprising and, hey, I'm not winter weather."

LIMITED EDITION

It's Peach Season

Royal Peach Fizz

1.5 oz Crown Royal Peach
0.5 oz Orange Juice
4.0 oz Champagne
Mint Garnish

THE METHOD

Add Crown Royal Peach and Orange Juice.
Top with champagne. Garnish with mint.



PLEASE DRINK RESPONSIBLY.

CROWN ROYAL PEACH. Peach Flavored Whisky. 35% Alc/Vol. The Crown Royal Company, Norwalk, CT.

Lady Gaga's

CAUGHT IN A LOVE TRIANGLE!

Lady Gaga's relationship with **Bradley Cooper** is rocked when another Hollywood leading man enters the picture

HEATING UP

"Gaga has spent the night at Jeremy's home," claims an insider.

She needed to get away. In mid-February, just days after she ended her engagement to talent agent Christian Carino, Lady Gaga escaped to Cabo San Lucas, Mexico, for a low-key vacation where, a source tells *In Touch*, she nursed her broken heart. In late March, she headed back to the tropical paradise, this time to celebrate her 33rd birthday with a few close friends away from the spotlight. And once again, says the



UNDENIABLE CHEMISTRY

"Gaga and Bradley got cozier than ever at the CAA party during Oscar weekend, and the sparks between them stole the show when they performed 'Shallow' at the ceremony," says a source.

source, "She had a lot to think about."

That's because Gaga is at a crossroads. "Awards show season is over and she doesn't see Bradley [Cooper] as much as she had been seeing him, but she still can't get him out of her head," says the source. "They have a deep connection — that was clear from their very intimate Oscars performance." But at the same time, Gaga has grown close to another Hollywood leading man — *The Hurt Locker* and *Avengers* star

Jeremy Renner, 48. Bradley, 44, says the source, "suddenly has competition. Gaga has even spent the night at Jeremy's house." Now, a love triangle has been born. "She loves Bradley, but she's torn between the two men and friends are telling her she *has* to choose — soon."

IMPOSSIBLE SITUATION

Bradley has long had a special place in Gaga's heart. "She was crushing on him even throughout her [yearlong]

engagement to Christian," claims the source. Adds an insider, "Everyone is telling her to move on, but she can't. She's so in love and thinks they are soulmates. But she's gotten to know Jeremy and really likes him."

The connection with Jeremy snuck up on Gaga. After she was nominated for two Golden Globes in December, he tweeted his congratulations to her. A few weeks later, he was spotted in Las Vegas at the afterparty for her Enigma residency debut, where, says

Bradley | Jeremy

44 | **AGE** | **48**

NET WORTH

\$100 MILLION | **\$50 MILLION**

ALL-TIME MOVIE GROSS

\$3.9 BILLION | **\$2.7 BILLION**

7 | **OSCAR NOMS** | **2**

PREVIOUS MARRIAGE LASTED...

4 MONTHS

(with Jennifer Esposito)

10 MONTHS

(with Sonni Pacheco)

KIDS

Daughter
LEA, 2

Daughter
AVA, 6

MUSICAL TALENT



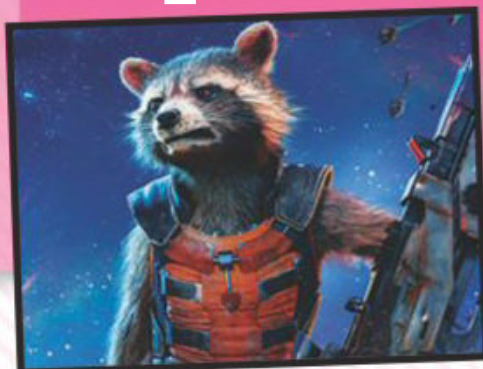
Took six months of guitar and piano lessons and sings on the soundtrack for *A Star Is Born*



Sings and plays guitar, piano and drums; performs songs in four of his movies; featured in Sam Feldt's 2018 single "Heaven (Don't Have a Name)" – and has an album coming out soon!

MARVEL MOVIES

4 (including *Avengers: Endgame*)



5 (including *Avengers: Endgame*)



an eyewitness, “there was definitely chemistry between them,” though nothing romantic happened as Gaga was still engaged to her agent. Jeremy introduced Gaga to his daughter with model ex-wife Sonni Pacheco — Ava, 6 — the same month, says the insider. Days after Gaga spent Oscars weekend in Bradley’s orbit, says another source, she was attending a get-together at Jeremy’s home, then reportedly shared a booth with the actor at Hollywood’s Black Rabbit Rose restaurant the night she delivered a surprise performance of Frank Sinatra hits on March 14.

Her connection to Bradley, however, grew as they worked together over time. Last September, Bradley gushed of his on-screen lover, “I love her so deeply. It’s because we were at our most vulnerable together.” When Gaga won a Golden Globe for “Shallow” in January, she told him from the podium, “Bradley, I love you.”

Bradley’s said the best part of making *A Star Is Born* was Gaga. “The thing that I think I’ll take away forever is the relationship I have with her, because she is an incredible person,” he’s said. Gaga feels the same. After Bradley was snubbed in the Oscars best director category, she defended him with a deeply personal comment: “He knows that he’s the best director in my eyes.”

“
Bradley may have waited too long, because look, now someone else has swooped in”

— AN INSIDER

THE FIGHT FOR GAGA

Bradley never expected there would be another man in Gaga’s life so soon after she ended things with Christian, says the source. “Bradley knew how Gaga felt about him and always thought she’d be there waiting for him [when he was ready]. So he was shocked when he found out she’d been spending all that time with Jeremy. Bradley sees him as tough competition.”

The insider echoes that sentiment. “Bradley didn’t think at first that he had anything to worry about — even though he hasn’t been with Gaga because he’s still in a relationship with Irina [Shayk, 33, the model with whom he shares daughter Lea, 2]. But now he’s starting to get nervous.”

Going from seeing each other all the time for months as they promoted *A Star Is Born* to not at all after the Oscars was a shock to the system. “But distance makes the heart grow fonder — especially for Bradley,” says the source. “Now that awards season is over, he’s barely seen Gaga

and is missing her like crazy.” He’s begging for a second chance. “Bradley wants Gaga back in his life,” adds the source. “Friends say he could see himself married to her someday under the right circumstances.”

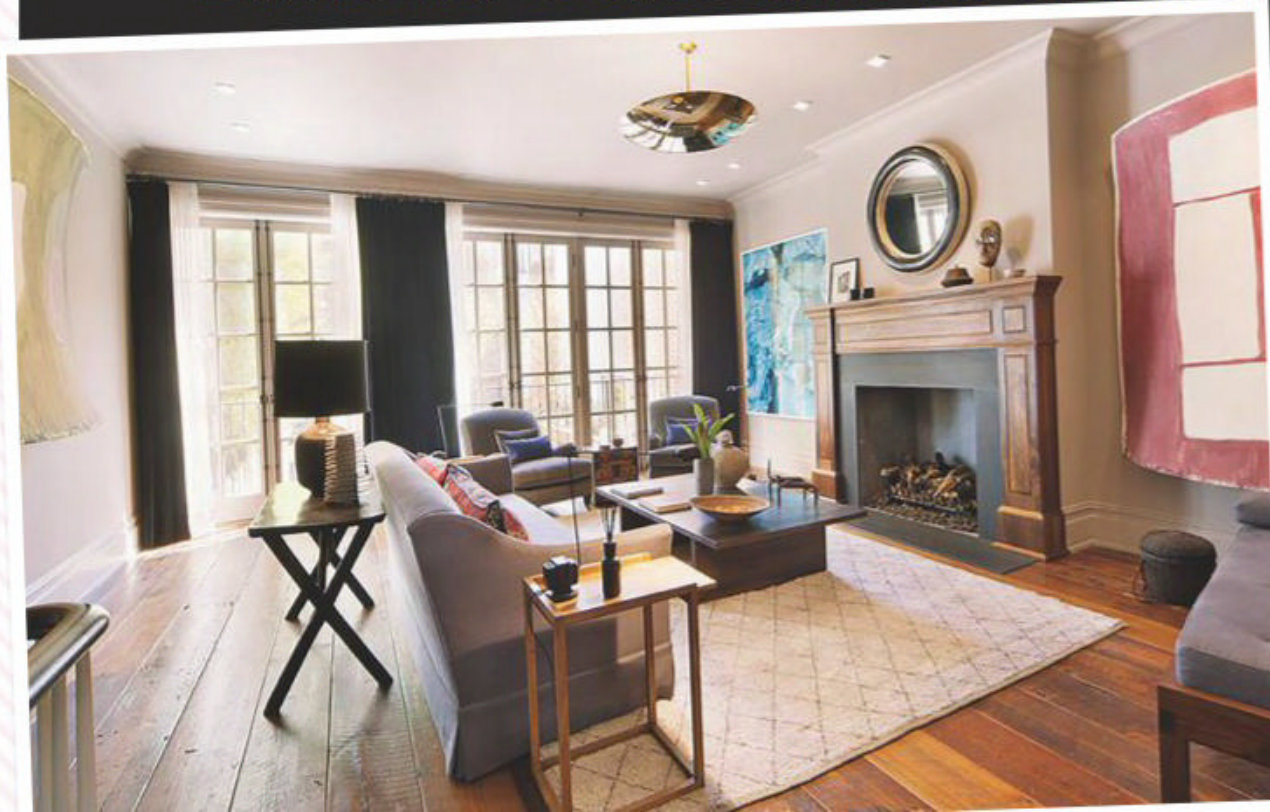
COLD FEET?

Yet despite Bradley’s innermost desires, the insider believes he’ll ultimately pull back and stay with Irina. “He’s not ready to be in a relationship with Gaga,” believes the insider. “He’s with Irina and isn’t leaving her anytime soon. They have a child together.” The source admits it would be tough for Bradley, if only because of Lea. “Bradley may get cold feet,” says the source. “Is he really going to leave the mother of his child?”

The emotional turmoil has been a lot for everyone — especially Gaga. “How much more can she take?” wonders the source. “She can’t just switch off her feelings for Bradley, so she’s putting all her energy into making things work with Jeremy, with whom she has a blast.” Jeremy, adds the source, could see a future with the music superstar and has even told friends she’s “marriage material. And he’s not with someone, so he will never break her heart.”

Gaga has a very difficult decision to make. “At first I thought it was a no-brainer and she’d choose Bradley,” says the source. “But now, I’m not so sure anymore.” ■

BRADLEY’S NYC PAD IS CLOSER TO GAGA!



Last spring, right after filming *A Star Is Born* with Gaga, Bradley quietly splurged on a \$13.5 million 20th-century townhouse in NYC’s West Village. “Gaga’s from NYC and has a place there, too, so I suspect this was his way of staying close to her,” says an insider. The five-floor home is 4,000 square feet and has four bedrooms and five bathrooms. “Now they both have places in LA and NYC!”

WHY BRITNEY REALLY SNAPPED AGAIN



IT'S NOT HER FIRST BREAKDOWN!



CRYING ON TV
"I'm an emotional wreck right now," a pregnant Britney sobbed about her response to public scrutiny during an interview with Matt Lauer on *Dateline* in June 2006.



SHAVING HER HEAD
In an infamous 2007 moment, the pop star spontaneously buzzed her head at an LA-area salon.



Devastated by her dad's failing health, **Britney Spears** checks into a mental health facility

The news came as a shock. “We all need to take time for a little ‘me time’ :)” Britney Spears posted on Instagram on April 3 — the same day sources confirmed she had checked into a mental health facility a week earlier, with plans to stay for 30 days total. “She felt like it was time to get help and that she needed support,” a Britney source tells *In Touch*. “She wants to understand her feelings and learn how to cope with them. She wanted to find a way to take care of herself and get out of the dark place she’s been in.”

She’s been there before. Eleven years ago, Britney was placed on an involuntary psychiatric hold following a year of troubling behavior. But this time, the reason she snapped is far different. Her father, Jamie — who’s been her conservator since her 2008 breakdown, overseeing every aspect of her personal and financial life — nearly died in November when his colon spontaneously ruptured. Britney, 37, postponed her new Las Vegas residency in January to be there for him, and though he underwent another surgery in March, “Jamie’s health is in a bad way due to complications, and Britney’s terrified he might not pull through,” says a family insider. “She’s a complete mess.”

RED FLAGS

The pop star doesn’t know what she’d do without her father, who sacrificed everything to help her recover from her earlier



HER FATHER'S STRUGGLE

“The family is keeping Jamie’s prognosis private, but loved ones are praying for a miracle,” says a family friend.

breakdown. “He’s been her rock, and the prospect of losing him shattered her,” explains the Britney source, adding that after the 66-year-old’s most recent surgery, “Britney found herself so full of anxiety and panic, she didn’t know who to turn to or what to do.”

Luckily, she recognized the warning signs. Britney is getting help at a “wellness center that prioritizes physical, mental and spiritual well-being,” not a psychiatric hospital, notes the source. (If something happened to Jamie, Beverly Hills attorney Jeffrey W. Steinberger tells *In Touch*, the court would appoint an administrator for the conservatorship, “until she gets out of the mental health institution and then she can make her own decisions.”)

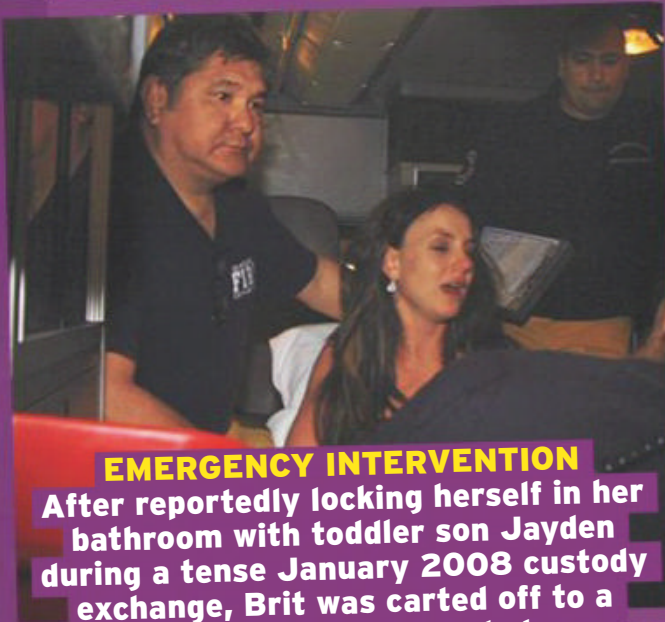
Her loved ones are in her corner. Sister Jamie Lynn Spears, 28, ex-husband Kevin Federline, 41 — who’s taking care of their sons, Sean, 13, and Jayden, 12, while she’s away, sources confirm — and model-trainer boyfriend Sam Asghari, 25, have all publicly shared their support. “Britney is touched,” says the insider. “She’s been through worse and knows she can pull through.” ■

SAD SPIRAL

“She’s been down and hasn’t been able to find a way out of it,” says a source. “She isn’t performing right now, and that’s always been her outlet.”

UMBRELLA ATTACK

Days later, upset that her ex-husband Kevin Federline refused to let her see her kids, she bashed a photographer’s car with an umbrella. (She checked into rehab three times that month.)



EMERGENCY INTERVENTION

After reportedly locking herself in her bathroom with toddler son Jayden during a tense January 2008 custody exchange, Brit was carted off to a psychiatric ward in an ambulance.



CURBSIDE MELTDOWN

Later that month, the singer was photographed sitting barefoot outside her home, clutching her dog and crying following an argument with her then-manager, Sam Lutfi. She was soon placed on a psychiatric hold again.



Gwen &

FACE-T

**Blake Shelton's ex
Miranda Lambert has
a showdown with him
and Gwen Stefani at
the ACMS**

ALL EYES ON THEM

Blake and Gwen
"just laugh it
off," the insider
says of having to
be in the same
room as his ex.

It was a moment of legendary shade. Sporting a sexy, skintight outfit that seemed designed to cause a stir, Miranda Lambert took the stage at the Academy of Country Music Awards on April 7 and belted out a medley of breakup tunes in front of an audience that was slated to include her ex-husband, Blake Shelton, and his girlfriend, Gwen Stefani. At one point, Miranda even changed a line in the song "Little Red Wagon" from "I live in Oklahoma" to "I got the hell out of Oklahoma" — a clear dig at her proud Okie ex.

But while fans delighted in the burn, it was Miranda who actually was left humiliated: *In Touch* has learned that Gwen and Blake left their seats during the commercial break and didn't return until *after* Miranda's performance. "Miranda thought it would be her big night, but of course that's not how it happened," says an insider. "It was the ultimate show of disrespect that Blake and Gwen walked out." And it was proof positive that four years after Miranda and Blake's bitter split, relations between the exes —

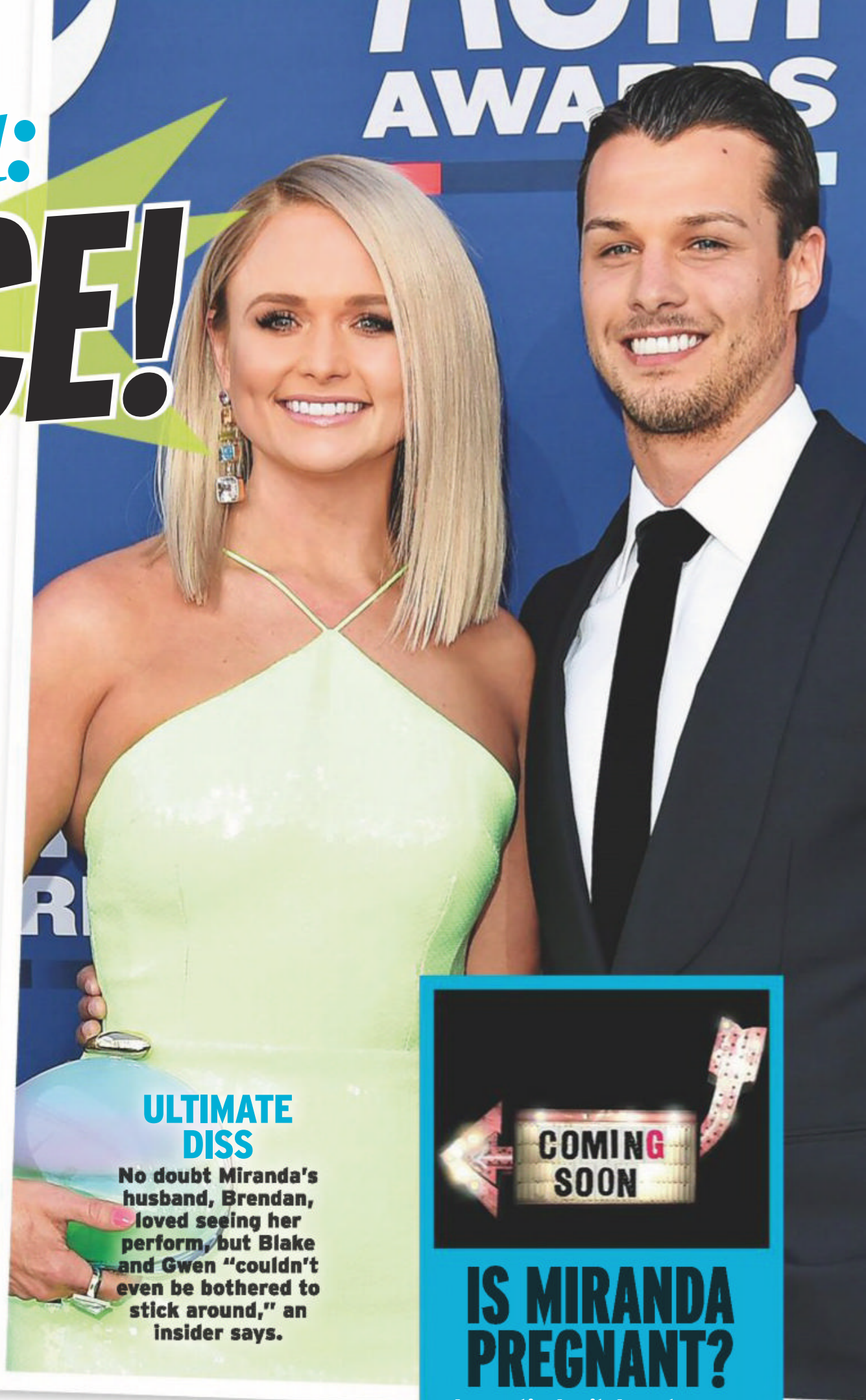
Miranda: O-FACE!

and Miranda and Gwen — remain as icy as ever. “At one point, Gwen and Miranda made eye contact as they crossed through the theater, but they both quickly looked away,” the insider reveals, adding that Miranda and her new husband, Brendan McLoughlin, 27, were seated “clear across the room” from Blake and Gwen for the ceremony. “That was as close to coming face-to-face as the two women have ever been.”

BITTER RIVALRY

Miranda had big plans for the evening, says the insider. Long threatened by the woman Blake has called “everything that you could hope a human being could be,” Miranda, 35, “wanted to feel confident and step out onstage looking and feeling great. And when she walked the red carpet with her hot new husband for the first time, she wanted all eyes on her,” the insider explains. But she had to deal with the incredibly warm reception Blake, 42, and Gwen, 49, received from country fans. “Gwen looked gorgeous, and Blake is always treated like a king at these events.”

Even Miranda felt compelled to join in on the adoration. When Blake performed later in the show, she stood with everyone else as he received a standing ovation. “Miranda feels like, no matter what she does, she’ll always be in Blake and Gwen’s shadow,” says the insider.



ULTIMATE DISS

No doubt Miranda's husband, Brendan, loved seeing her perform, but Blake and Gwen “couldn't even be bothered to stick around,” an insider says.

“It’s very frustrating.”

Especially because Miranda is barely on their radar. While she was busy obsessing about being in the same room as them, Blake and his girlfriend of three years “didn’t even really care about Miranda,” a source says. “They were loved up and happy and having fun.” ■



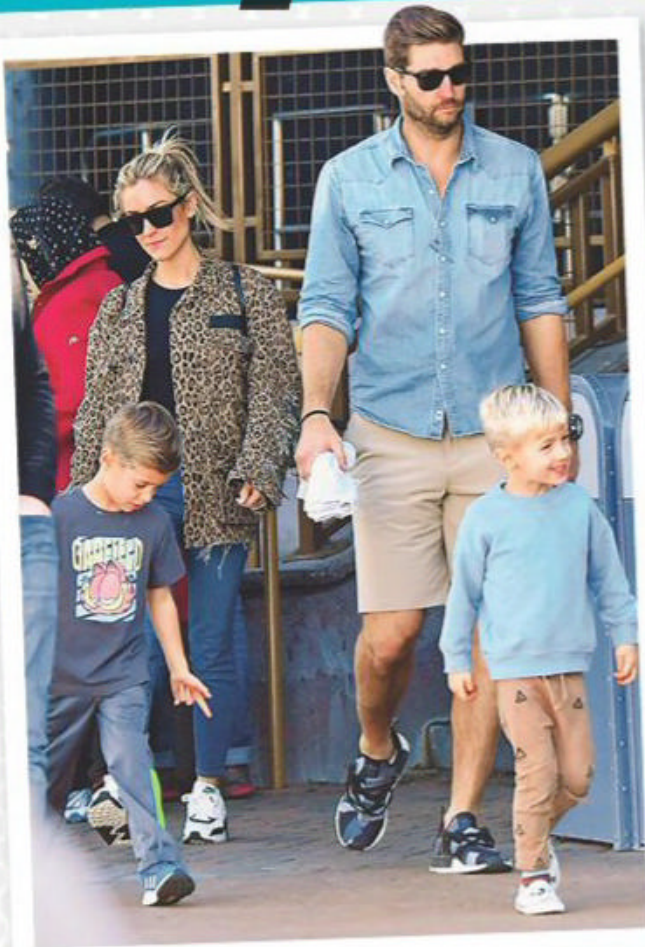
IS MIRANDA PREGNANT?

A cryptic April 4 post across Miranda's social media pages teased something “coming soon.” Since the “G” was pink, fans immediately guessed she and Brendan are expecting and will soon announce they’re having a baby girl. It’s definitely possible, says a source: “It’s one of the reasons they rushed down the aisle — she’s been trying to get pregnant. Motherhood has always been Miranda’s dream.”

Reality TV Moms

KRISTIN: MY MARRIAGE IS IN TROUBLE

It might seem like Kristin Cavallari and retired NFL star Jay Cutler, 35, have it all – wealth, three gorgeous kids (Camden, 6, Jaxon, 4, and Saylor, 3) and a happy marriage – but it's a facade, the reality star admits. "From the outside things are so perfect and things are so great, but actually, like, they're not," Kristin, 32, confessed to friends on the April 7 episode of *Very Cavallari*. "Right now, we're in a low." It's been frustrating. "There's no such thing as a perfect relationship. I mean, Jay and I have problems.... We have to work at our relationship...we definitely have issues." But, she added, "in two months we could be [good] again. And that's how we've always been our whole relationship. It just is what it is."



PRISON FOR TORI?

On March 29, Tori Spelling failed to appear at a court hearing in her ongoing case with City National Bank over an unpaid 2012 loan with a balance that's grown to more than \$260,000. So a judge issued a bench warrant, set bail at \$5,000 and ordered Tori, 45, back to court in May. "She could be facing jail now, but it's like she's brushing her debts under the rug," a source tells *In Touch*. "She [and husband Dean McDermott, 52] are so behind, they may feel there's no way out." After years of money woes (including unpaid taxes and credit card bills), Tori finally has to face the music. "She's terrified of spending time behind bars and leaving her kids [Liam, 12, Stella, 10, Hattie, 7, Finn, 6, and Beau, 2]," adds the source. Yet she won't stop spending: In March, she and Dean moved into a new 3,500-square-foot home in Hidden Hills, Calif. Monthly rent? \$13,000!

DRAMA QUEENS!



BRISTOL QUILTS TEEN MOM OG

After just one season of *Teen Mom OG*, Bristol Palin quit the drama-filled MTV series on April 1. "She thought she could help show how single moms can cope. Instead it just focused on the negative," a source says of the embattled teen mother-turned-Texas real estate agent, who has son Tripp, 10, with ex Levi Johnston, 28, and daughters Sailor, 3, and Atlee, 23 months, with ex-husband Dakota Meyer, 30. According to Bristol, the show "took away my peace. I don't entertain b.s., and walking away from the show allows God to rebuild me in the right direction."

IN CRISIS

From looming jail time and an MIA husband to a troubled marriage and a job gone bad, these TV mothers are facing dark times



**JUICY
TWIST!**



TERESA: JOE MAY COME HOME!

Teresa Giudice is still waiting to learn the outcome of husband Joe's deportation case appeal, and until a judge rules, she's stuck. "Teresa wants to move on with her life, but the case is really dragging on. She feels trapped," says a source, noting that the *Real Housewives of New Jersey* star, 46, has admitted she'll leave her husband of 19 years – with whom she shares daughters Gia, 18, Gabriella, 14, Milania, 13, and Audriana 9 – if he's ordered back to his native Italy. ("I'm not doing a long-distance relationship.... I'm sure he'll be with other women,"

Teresa confessed on March's *RHONJ* reunion special.) Joe, 46, has been in Immigration and Customs Enforcement lockup since completing a three-year federal prison sentence in March. "Teresa loves Joe," adds the insider, "but she needs closure."

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES
Civil Division
Central District, Stanley Mosk Courthouse, Department 44

BC644228

CITY NATIONAL BANK VS VICTORIA SPELLING ET AL

March 29, 2019
8:30 AM

Judge: Honorable James E. Blancarte
Judicial Assistant: J. Clavero
Courtroom Assistant: S. Brown

CSR: None
ERM: None
Deputy Sheriff: None

APPEARANCES:

For Plaintiff(s): Ervin, Cohen & Jessup, Law Offices of by: David N. Tarlow
For Defendant(s): No Appearances

NATURE OF PROCEEDINGS: Hearing on Application for Order for Appearance and Examination: Victoria Spelling aka Tori Spelling

The matter is called for hearing.

Judgment debtor fails to appear.

The Court orders a bench warrant issued and held to a new date.

Hearing on Application for Order for Appearance and Examination is continued to 05/01/2019 at 08:30 AM in Department 44 at Stanley Mosk Courthouse.

Bail is to be set in the amount of \$5,000.

Judgment creditor to give notice.

**PAYING
THE
PRICE?**

In the Know

GET **inTOUCH** WITH ALL OUR EXCLUSIVE GOSSIP



Colton & Cassie: **THEY'RE ENGAGED!**



He gave her the final rose on *After the Final Rose*, and now insiders say *Bachelor* star Colton Underwood has given Cassie Randolph the ring! On April 6, the former tight end, 27, was spotted leaving Cartier in LA with one of its signature red bags. In it, according to sources: a diamond sparkler. "He popped the question and she said yes — they're engaged," a source close to the couple tells *In Touch*. "Colton thought they'd wait awhile, but then he realized, why wait? He loves her so much, and she's crazy about him." After the finale aired, the pair played coy when asked when he would propose. "We definitely talk about our future engagement," Cassie said. "We're both excited to get to that point." Added Colton, "She doesn't have a ring on her finger yet. But she will, one day." He even shared what Cassie would like: "a gold, simple band, with an oval-cut [stone]," he told E!'s *LadyGang*. "He went with his heart and never gave up on her," says the source. "Their story didn't exactly fit the *Bachelor* format, but look at them now: They're happy, in love and planning their wedding. They were meant to be."



GUESS WHO?!

She was one of the biggest TV stars in Hollywood, gracing the cover of every magazine imaginable. But then her life went on a downward spiral and she ended up in rehab – more than once. She's better now and is even being pursued by a popular reality show, but she says she's still not ready for the limelight again.



EMPIRE BEGINS TO CRUMBLE

The charges against Jussie Smollett may have been dropped, but the scandal is having a rippling effect that could spell the end of *Empire*. "The cast is worried that the show will get canceled," a source tells *In Touch*. "Some people associated with the show are in agreement, saying, 'Jussie is killing our show.' They're blaming him for the ratings going down and fear Fox will just cut its losses and cancel the series." In March, Jussie, 36, was cleared after he was charged with filing a false police report alleging he was the victim of a hate crime. "Of course, there are some people who are still Team Jussie, but there are so many questions surrounding that fateful night that people feel it's affecting the show," says the source. "We still need answers."

Star Sightings



ALYSSA EDWARDS capped off the first-ever Camp TAZO talent show with an unforgettable performance alongside campers in Marble Falls, Texas.

RITA ORA headlined the launch party for Próspero Tequila (for which she's chief creative partner) at the Ritz-Carlton Orlando, Grande Lakes in Florida.

LUANN DE LESSEPS performed her #CountessAndFriends cabaret show to a sold-out crowd at The Music Box at Borgata Hotel Casino & Spa in Atlantic City, N.J.



KOBE BRYANT joined more than 150 local LA girls at Mamba Sports Academy for a basketball clinic as part of the NBA and WNBA's Her Time to Play program.

SHAQUILLE O'NEAL served up ice cream with **OLIVIA CULPO** in the JBL Audio Shaq's Fun House Ice Cream Truck in Miami Beach.



KANYE WANTS TO GIVE KHLOÉ A MAKEOVER!

Kanye West has a new pet project: sister-in-law Khloé Kardashian. "He thinks her look and her style are awful and is trying to give her a total makeover," says a source. "He's been talking about it for months. Now that she's single and getting back to her old self, he believes the timing is perfect. He thinks Khloé is the worst dressed of the whole family and says she still dresses how Kim used to dress before he made over her wardrobe." Sadly for Kanye, 41, Khloé, 34, isn't taking him seriously. Says the source, "She's heard this kind of thing from Kim and Kanye for years, so it's not new to her. She's used to the family criticizing her!"



Emma's GETTING MARRIED!

Emma Stone sparked engagement rumors when she stepped out in LA on April 3 wearing a diamond ring on *that* finger. Now *In Touch* can confirm that her boyfriend, *Saturday Night Live* director Dave McCary, 33, indeed did pop the question and the *La La Land* star said yes, according to insiders! "They're planning to wed later this year," says a source. "Emma has put her LA home on the market and is looking to purchase a love nest in New York, where Dave is based, so that they can be closer to each other. They've been together for nearly two years, so it's only natural that they want to take things to the next level." (Before Dave, Emma, 30, seriously dated Andrew Garfield, 35.) The newly engaged pair may also have babies on the brain. Adds the source, "Emma adores kids, and Dave will make a great dad!"

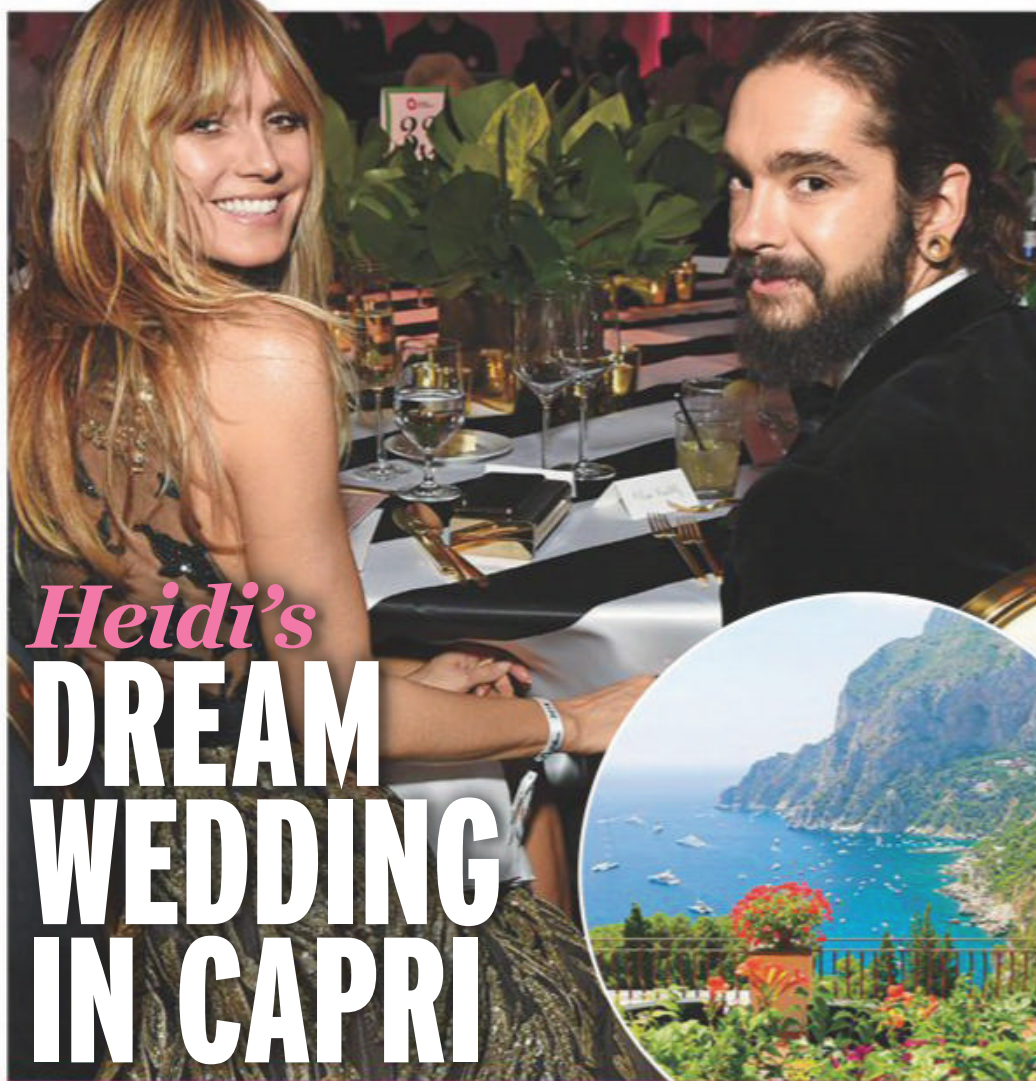
IS CAITLYN GOING TO BE A BRIDE? 🤰

Kendall and Kylie had better start looking for bridesmaids dresses! A source close to Caitlyn Jenner tells *In Touch* the reality star formerly known as Bruce wants to marry her steady companion, Sophia Hutchins. "Caitlyn's madly in love with Sophia, and Sophia's in love with her," says the source. (Sophia recently called Caitlyn her "amazing, loving partner.") Caitlyn struggled with the age difference – she's 69, Sophia's 23 – but Sophia convinced her to look past that, which she has, adds the source. "Now they're planning a wedding. Caitlyn wants to do it before she turns 70 in October, so it will be this year, most likely in Malibu overlooking the Pacific. And all of the Kardashians will be invited, even Kris."



Heidi's DREAM WEDDING IN CAPRI

Twice-divorced Heidi Klum, 45, is hoping the third time is the charm when she marries her fiancé, musician Tom Kaulitz, 29, this summer. "They found the perfect location – Capri," says a source. "They went to Capri's Blue Grotto in August and had an amazing time, so it really was a no-brainer. They'll have her and Tom's family flown in from Germany, and her kids will be a part of the ceremony." The affair is expected to cost \$2 million, and the guest list will include famous friends like Gwen Stefani, Tim Gunn, Naomi Campbell, Adriana Lima and other famous supermodels. "It's perfect for Heidi – a sexy summer beach wedding!"



Ellen and Portia

AT THE BREAKING POINT

Apparently Wendy Williams isn't the only daytime talk show host going through a marital crisis. Sources close to Ellen DeGeneres tell *In Touch* that the comedian, 61, and her wife, Portia de Rossi, 46, have hit a serious rough patch again. "It seems they're always on the verge of a breakup," says an insider. "Most of their friends don't understand how they're still married. Now they're fighting over the show – Portia wants Ellen to quit, but she won't." Adding to the split buzz: The pair just listed their Beverly Hills mansion for \$17.95 million. "They're known house flippers," says the insider, "but I suspect there's more to it. They would have split a lot sooner if it wasn't for Ellen digging in her heels – she thinks a divorce will hurt her image."



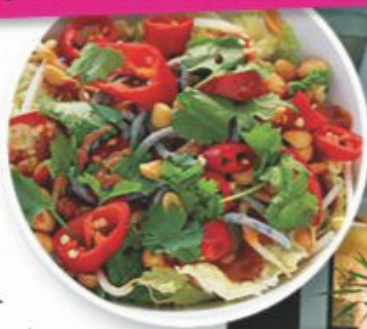
WE PAY FOR CELEBRITY TIPS! Email or text to tips@intouchweekly.com

Hot Stuff!

inTouch WITH WHAT'S ON FIRE THIS WEEK

CAN'T-MISS DESTINATION

Need a light lunch or powerful post-workout meal before hitting the beach when you're in Miami? Make a beeline for **Delicious Raw**. The scratch kitchen and juicery is known for its natural, fresh and unprocessed foods. Enjoy superfood bowls, sandwiches, smoothies and a number of freshly made vegetable and fruit juices and wellness shots, all made-to-order. It's the perfect spot to fuel your body – and keep it looking great for the beach! (delraw.com)



SLIP INTO STYLE

Spring has sprung, which means it's time to get those toes out! **Jack Rogers' Jacks Flat Sandals** will step up your spring style and add a pop of color to any outfit. Available in a range of colors, each pair is stitched by hand, making no set of sandals exactly the same. They're made with leather footbeds for optimum comfort. (\$118, jackrogersusa.com)



SPRINGTIME SIPPING

It's officially rosé season, and one of our faves is **Meiomi's rosé**. It has an inviting delicate pink color, while the crisp taste of stone fruit and strawberry combined with aromas of watermelon, orange peel and subtle hints of rose petal make for the best time at a barbecue, rooftop brunch or when you just need a glass to yourself. (\$24.99, meiomi.com)



SMART SNACKING

Don't let the name fool you! **SlimFast Keto Fat Bombs** are the perfect, guilt-free way to curb cravings while not feeling like you're on a diet. These chocolate peanut butter cups have zero sugar and are gluten-free, making them the perfect ketogenic treat. (slimfastketo.com)



BAG LADY

Hammitt's Oliver Zippered Tote is the perfect everyday bag for any fashionista who wants to look good without all the fuss. Made with soft, supple leather, this bag has one large interior pocket (simple!) and a zipper closure to ensure nothing falls out. The tote, which comes in five different shades (Wahoo pictured), also has raw natural edges to give it a, well, edgy look. (\$395, hammitt.com)



SECRET WEAPON

Removing a day's worth of makeup can be as exhausting as getting through the actual day. **Pacifica's Coconut Dissolve Cleansing Oil Rehab** is a natural oil-based skin cleanser that removes makeup gently and effectively while restoring the look of healthier skin. Goodbye, raccoon eyes; hello, fresh, glowing skin! (\$16, ulta.com)



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FIGHTS, TEARS... AND BIG REGRE

The Bravo reality stars dish the dirt on the dramatic new season

They say New York is the city that never sleeps — and how could it with the stars of *The Real Housewives of New York City* running around town! This season alone, the cast — Bethenny Frankel, 48 (above from left), Sonja Morgan, 55, Ramona Singer, 62, Luann de Lesseps, 53, Dorinda Medley, 54, and Tinsley Mortimer, 43 — are dealing with rehab stints, bad dates, rocky romances and vicious infighting. But they wouldn't have it any other way: "There's always drama with this group of women," says Luann. "But it's good drama." Here, the Big

Apple babes talk to In Touch's Diana Cooper about new castmate Barbara Kavovit (the businesswoman replaced Carole Radziwill), tragedy (Bethenny, who was not available for interviews as of press time, lost her on/off boyfriend Dennis Shields to a suspected drug overdose three weeks before filming began) and their guiltiest pleasures.

So what's new with you guys?

RS: I just launched a skincare line called Ageless by Ramona.

SM: I launched my signature fashion collection in 2015, and since then I've done ready-to-wear and

shoes. Now I have a unisex parfum.

LDL: I'm working on a new dance single to be released this spring.

DM: I moved! And I'm working on a couple of projects and traveling on my own, which I've never done.

TM: I've been working on a beauty capsule collection with cosmetics brand Winky Lux that will be launching in May. I've also been doing a lot of charity work.

How have you changed or grown since last season?

RS: I'm happier. And I'm trying to watch my mouth more, but I'm not so good at it.



TS

BEST FRENEMIES

"We have our ups and downs, but we're there for each other when needed," Sonja tells *In Touch*.

SM: I feel lighter since moving out of my townhouse into a cozy two-bedroom apartment.

TM: I was a little more emotional this season. My life isn't where I thought it would be at 43. You'll see me go through a rough patch with [on/off boyfriend] Scott [Kluth].

LDL: I'm in a great place. My cabaret show is a success. We've all worked on our friendships with each other.

DM: I feel brighter. If it doesn't look good, feel good or taste good, I walk away!

Ramona, you publicly apologized for saying on an episode that

Bethenny's late ex "was on drugs." Are you on OK terms now?

RS: Yes. Bethenny and I have our highs and lows, but I respect her and I think she respects me.

Who has a love-life update?

RS: I'm dating. I'm looking for someone who isn't a couch potato!

LDL: I'm taking a break from marriage — but I'm a hopeless romantic.

How does Luann's friend Barbara fit in?

SM: She's hardworking and a good mom but can be mischievous.

DM: Lu used poor Barbara as a shield when I tried to reconnect with her, which was frustrating. It brought me to tears.

Everyone looks great. What are your beauty secrets?

RS: My Ageless by Ramona serum. Everyone tells me I look unbelievable.

SM: I did my first CoolSculpting treatment. I love how you can target a specific area.

TM: I did Botox in my jaw to help with my TMJ. It did help, but it made my smile crooked for a while — that's why I'm not smiling in the promo pictures! [Laughs]

LDL: I recently visited Dr. Hochstein's Medspa in Miami. I believe in preventative treatments.

DM: I'm always chasing down new treatments. I love the Biologique facial with the electrical current.

Your annual trip to Dorinda's Berkshires house is always a big party. How was it this year?

TM: We did Halloween this year. Something crazy always happens.

DM: There are scary decorations, late-night antics and a naked chef!

LDL: Let's just say the "Berserkshires" never disappoints! ■

ON A LIGHTER NOTE ...

The Housewives answer our burning questions!

WHAT EMOJI DO YOU USE THE MOST?

RS: The smiley face with the red-heart kiss.

SM: Hearts.

TM: The salsa-girl-in-the-red-dress emoji.

LDL: Cabaret girl.

DM: Laughing-crying face.



WHAT'S YOUR GUILTY PLEASURE?

RS: Taking long vacations. I was just in Aspen for three weeks.

SM: *Snapped* on Oxygen.

TM: Shopping!

LDL: Chocolate.

DM: Checking into a hotel in NYC and just acting like a tourist.



BIGGEST CELEBRITY CRUSH?

RS: George Clooney, because he's masculine, sexy, confident and drop-dead gorgeous!

TM: Owen Wilson. I think he's so funny. Also Blake Lively. I met her when I filmed *Gossip Girl*. She's really lovely!

LDL: Bradley Cooper!

DM: OK, here's a strange one: Dr. Phil! He's just so protecting and always has a solution, and he's a big ol' Texan.



WHAT MOVIE HAVE YOU REWATCHED MOST?

TM: *Grease*! I've watched it so many times!

LDL: I loved *A Star Is Born* and *Bohemian Rhapsody*, both Oscar winners.

DM: Austin Powers movies.



WHAT DID YOU HAVE FOR BREAKFAST THIS MORNING?

TM: Jalapeño potato chips, because I was at the airport.

LDL: Eggs à la française.

DM: Smoked salmon, capers, onion and lemon on black bread.



THEY'VE GOT A

In Touch reveals how these fit and fabulous stars got their sexy six-packs

RITA ORA

The secret to the British singer's taut tummy is shockingly simple: Rita, 28, sticks to a basic-but-effective routine consisting of squats, planks, burpees and push-ups. "I do that circuit three times and one circuit of cardio," she says. "I want to be fit, healthy and strong."

J. LO IS JACKED!

JENNIFER LOPEZ

Almost-50 has never looked so good! The star's go-to move for those enviable washboard abs? Side-plank oblique crunches, says her trainer, David Kirsch. "We do a lot of planks," he says, "and a medicine ball toss while holding a lunge."

OLIVIA CULPO

The model and former Miss USA loves to exercise – and it shows. "I love Pilates, I love to run, I love SoulCycle," says Olivia, 26. "I've been doing a lot of Barry's Bootcamp, which is fun, and I like Orangetheory and FlyBarre, too. I love everything!"

JADA PINKETT SMITH

The ageless actress, 47, turns to fitness bloggers to stay toned – proving you don't always need pricey trainers or fancy gyms! "When I need tips, I go to Whitney Simmons' YouTube page," says Jada. (A signature Simmons exercise is the core-crunch and hold.)

BS OF STEEL!



GIGI HADID

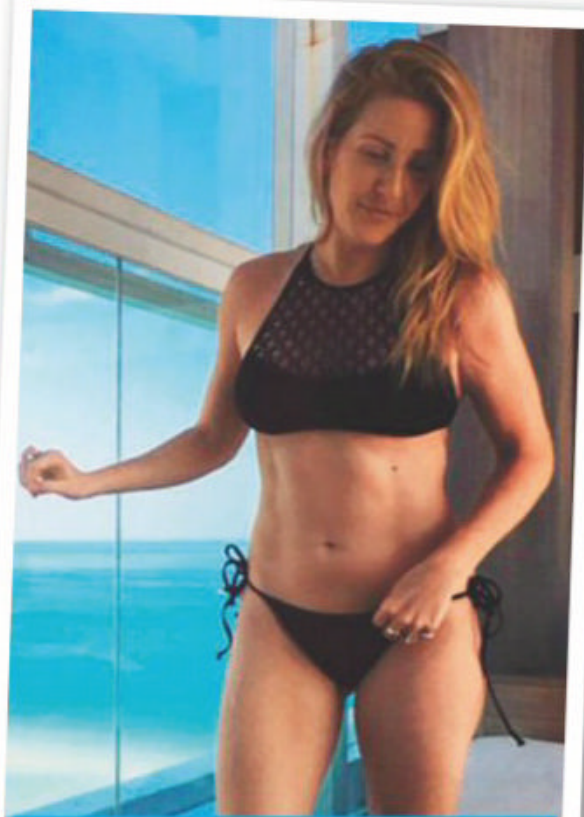
Model Gigi, 23, goes hard at the Gotham Gym in NYC, where trainer Rob Piel has her do a combination of planks, crunches and leg raises to target her tummy. "The combination of those three moves is golden," he says.



A CUT ABOVE!

TEYANA TAYLOR

"The only real workout I do is dancing and performing," says Teyana, 28, who admits genetics have something to do with her fantastic figure. "Even when I was 6 years old, I had a little Buddha belly with a six-pack on top of it," she says.



ELLIE GOULDING

They say great abs start in the kitchen, and that holds true for the vegan singer, 32, who has transformed her body through exercise and her super-clean diet (she loves veggie and fruit smoothies). "I'm more confident with my body," she says, "which I put down to eating amazingly well."

TUMMY TONING TRICKS

LIFT HEAVY WEIGHTS



Kim Kardashian engages her core in all her workouts, which involve heavy weights (think 30-pound kettlebell swings). "I don't do a lot of cardio," she says.

UP YOUR PROTEIN

MusclePharm's organic, plant-based protein comes in chocolate and vanilla and is available at Whole Foods. It contains 20 grams of organic quinoa and pea protein isolate and is an energizing addition to your fave smoothie.



AVOID BLOATING



Stick to a clean diet and steer clear of belly-bloating foods and drinks like soda, beer, certain dairy products and sugar-free gum.

WORK YOUR CORE

Amp up ab workouts with user-friendly gym accessories like an ab wheel (Sofía Vergara is a fan) or a medicine ball (Halle Berry trains with one!).



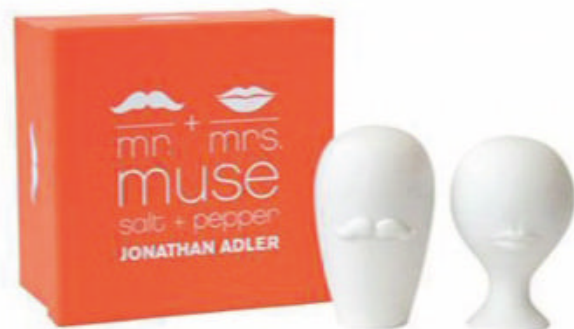


▲ **Dinner is served, fam.**
Wedgwood by Vera Wang Vera Moderne
5-piece serving set, \$100, wedgwood.com



◀ **Basically, you'd kinda be buying them a personal assistant.**
Google Home Hub, \$149, store.google.com

► **The question is, who wouldn't want a kitschy salt and pepper shaker?**
Jonathan Adler
Mr. & Mrs. Muse salt and pepper set, \$48, jonathanadler.com



Sorry, ladies, Joe Jonas is about to officially be off the market – he's marrying longtime girlfriend Sophie Turner this summer!

Wedding G

(THEY'LL ACTUALLY LOVE



◀ **Truth: Newlyweds love a monogram.**
Mark & Graham wood and marble monogram cheese board, \$39, markandgraham.com

► **Just don't be the person who gifts barware without a nice bottle.**
Kate Spade Nolita cocktail set, \$100, katespade.com



◀ **To hold one of their gazillion "posed but trying not to look it" pics.**
Michael Aram
hydrangea frame, \$125, bloomingdales.com

► **Oh, hello, perfect vase for fresh, white hydrangeas.**
Mackenzie Childs
Courtly Check enamel vase, \$78, mackenzie-childs.com





Cheers to the happy couple,
who will be able to
celebrate every day with
this vibrant, colorful,
handblown glassware.

Cheryl Saban drinkware,
\$40-\$360, cherylsaban.com

ifts AND USE)!

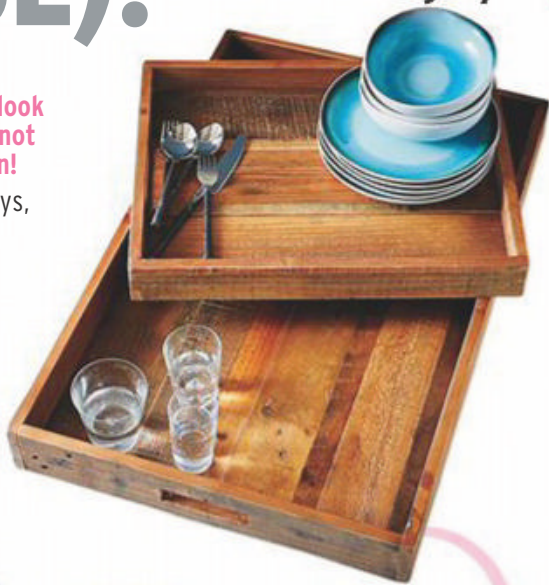
Warning:
These items
will generate
shrieks of
thankful joy

► She'll like the cool, rustic look
and he'll be stoked that it's not
mirrored or gold. A win-win!

West Elm reclaimed wood trays,
\$69-\$79, westelm.com

◀ You'll kind of want to
keep this. And we don't
blame you.

SMEG 50's retro drip filter
10-cup coffee machine,
\$200, dillards.com



▲ Um, so these are gorgeous.

AERIN Fairfield outdoor melamine large
mixed dip bowls, \$32 for set of four,
williams-sonoma.com

PROMOTION

SPRING INTO IT

Say goodbye to winter and hello
to these great products that will jump
start your spring!

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and www.newnordicusa.com**



POUTINE BROTHERS

Poutine Brothers are bringing Canada's National dish, poutine - a
french fry, cheese curd and gravy dish created from all homemade
ingredients and curds - all the way from Wisconsin to Los Angeles. Some
of their most popular options lie within the **vegan** world - gaining praise
from even **non-vegan** fans - like a garlic 'parmesan' cauliflower with
vegan cheese and homemade vegan gravy. Find the Poutine Brothers by
checking their full schedule each week, aka the Poutine Routine, that
covers the city.

poutinebrothers.com
@poutinebrothers



It's Wedding Season, Y'all!

Have a million events on deck and nothing to wear? We gotchu, girl

▼ Top this hot number off with a draped black blazer and call it a day!
Zara slip dress, \$50, zara.com



A lace minidress is sexy and sophisticated.
H&M lace dress, \$60, hm.com



► When you aren't feeling a dress, a fancy jumpsuit fits the bill.
BCBG one shoulder ruffle jumpsuit, \$298, bcbg.com



◀ Because you can't go wrong with a romantic, floaty floral.
Misa Los Angeles Gia dress, \$326, misalosangeles.com

► Suit up in a blazer dress – a chic, trendy spin on the classic LBD.
PrettyLittleThing black gold button blazer dress, \$62, prettylittlething.com



► A heart print dress? You are so on-theme.
RÉSUMÉ Millah heart-print midi dress, \$195, intermixonline.com



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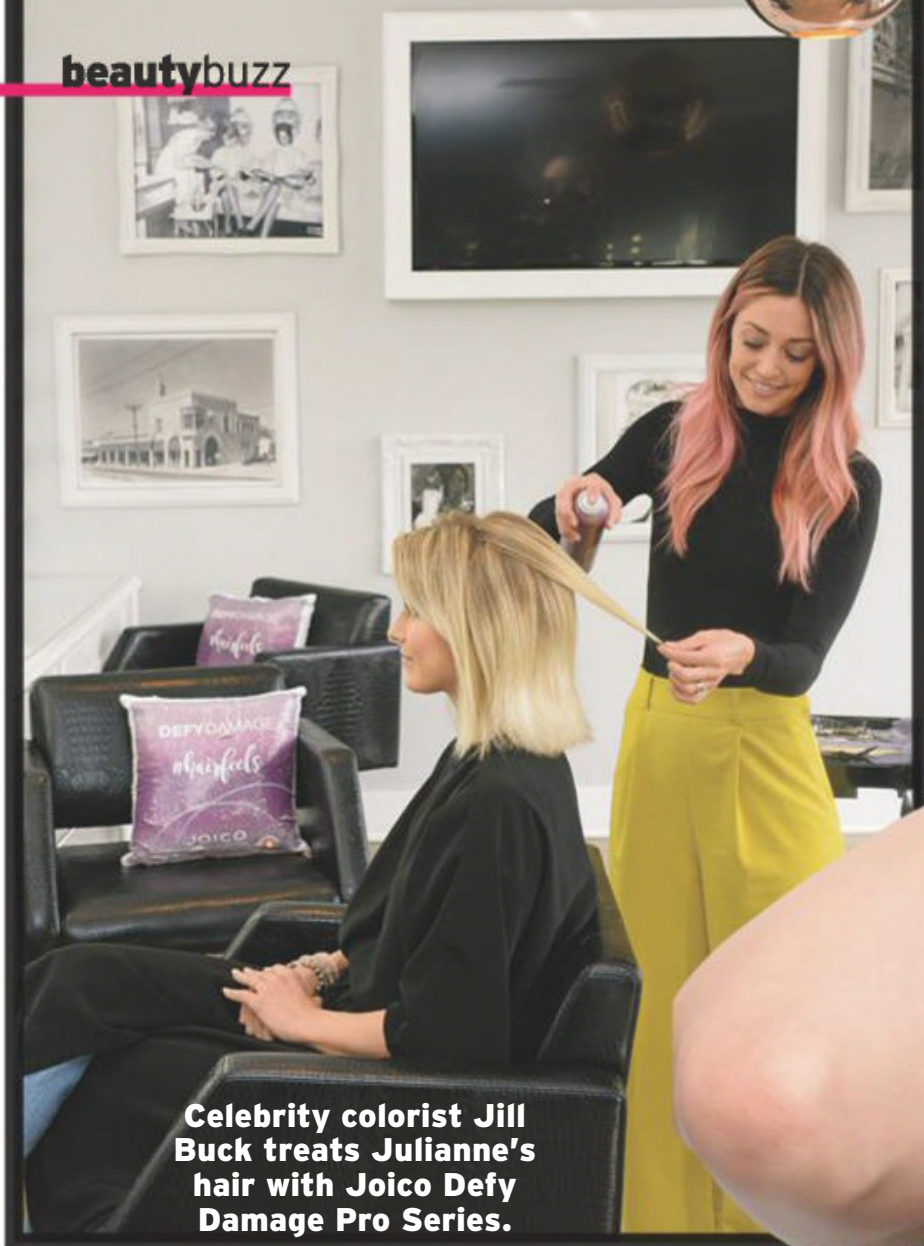
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Celebrity colorist Jill Buck treats Julianne's hair with Joico Defy Damage Pro Series.

Julianne's Healthy Hair Secrets!



The newest
America's
Got Talent
judge tells
In Touch
how she
keeps her
locks
looking
their
best

When it comes to hair color, Julianne Hough is no stranger to change. From brown, red, pink and practically every variation of blond, the 30-year-old beauty has been there, done that. All that processing and, yet, her locks are still shiny and strong! Howww?! She credits her colorists Jill Buck and Riawna Capri at Nine Zero One Salon in West Hollywood. "They focus on the health of the hair, not just what it looks like," Julianne tells In Touch, adding, "but they happen to be experts at both, so it works out for me and I get to reap all the benefits." To keep her hair in check when she's at home, Buck and Capri have Julianne using Joico Defy Damage Protective Shield (\$21, ulta.com), which is a daily leave-in treatment that basically acts as a force field against heat styling, pollution and UV damage (read: all the crap that can break hair and make it look fried).

Do you have a go-to hair color?

Probably blond because that's what I was born with. It's just the most me, so I always come back to it. But my favorite hair color that's not my go-to would have to be red.

Would you ever go pink (or another hot hue) again?

Absolutely! Hair grows back as long as you protect it. And I think it's a great way to express yourself. So I feel like, absolutely — I'll go multiple colors again, who knows. I almost shaved my head.

OMG really?!

Yeah, I almost shaved it around the holidays. I don't know, I've been on this big transformational kick, and I've literally

"Joico Defy Damage gives the hair bonds strength and protection, before I even put potentially damaging chemicals on," says Buck.



done about every color, shape, cut, length and all of that. And they always say, cut that old energy out of your hair if you want a change. So I literally was like, 'I think I just need to shave my head and start over.' I will do it in my life at some point. That's on my bucket list.

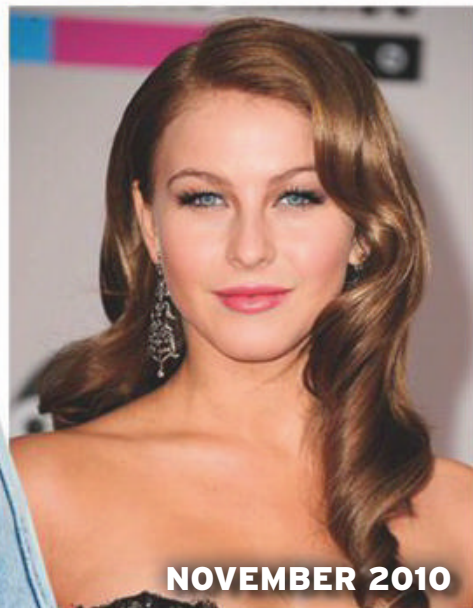
How does your hair reflect your mood?

When you're in a transformational state in life, you need that external expression to fully embody what you're feeling. And I think changing your hair does that. It enhances whatever mood you're in.

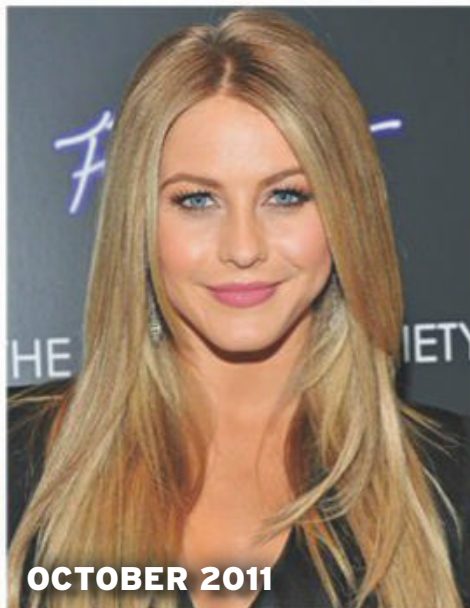
What's your hair routine like when you're not working?

I'm a big air-dry person. Right now, I have bangs that are growing out, so they're kind of shaggy and cool. Almost like the dirtier, the better for me. I'll leave my hair down for a little bit, then put it in a low, messy pony. And when it gets really greasy, I just slick it back, and it's perfect. Three hair styles in one week and I don't have to wash it! ■

SHE'S A COLOR CHAMELEON!



NOVEMBER 2010



OCTOBER 2011



APRIL 2015



MARCH 2018

Did I Really Do That?

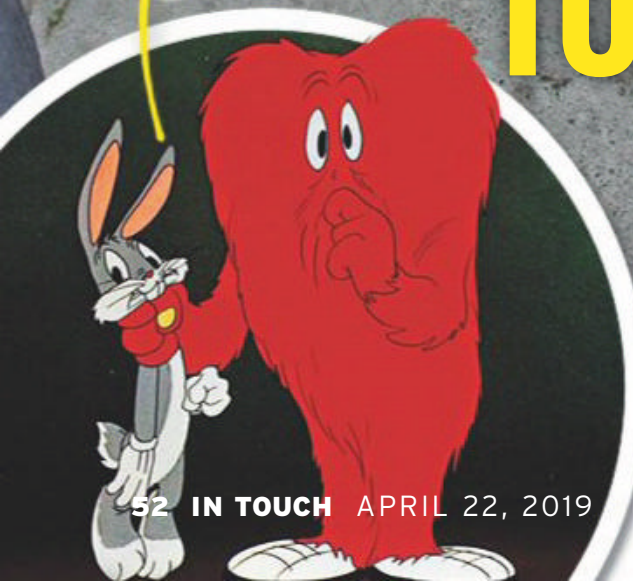


Watch out, Bugs Bunny!

I LIFTED FROM LOONEY TUNES!

LA, March 26

TRACEE ELLIS ROSS channels menacing monster Gossamer in her red fuzzy coat and white sneakers.



I PILFERED FROM PIKACHU

LA, March 23

Hello, yellow! **BEYONCÉ** plays Pokémon Go with her animated outfit.



I BORROWED FROM BRITNEY & JUSTIN

NYC, March 24

Jean genius! **RITA ORA** pays homage to then-couple Britney Spears and Justin Timberlake's iconic denim outfits at the 2001 American Music Awards.

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BY MATT SULLIVAN

Sneak Preview

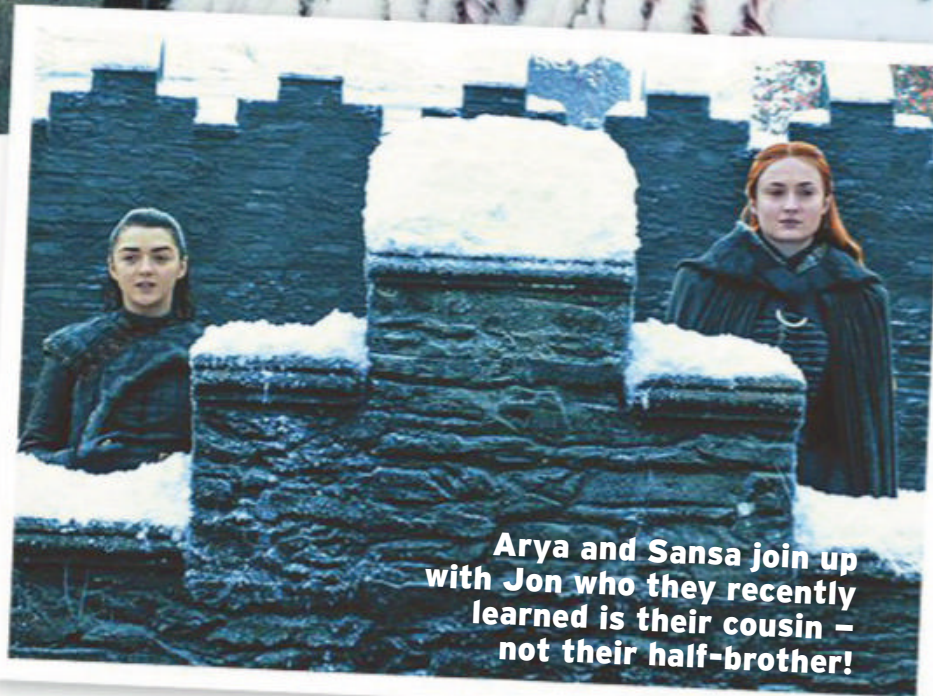
THE ONLY ENTERTAINMENT GUIDE YOU'LL NEED



WINTER IS HERE!

Who will make it out alive? The emotion-fueled and action-packed eighth and final season of the epic fantasy promises a body count, as Jon Snow (Kit Harington), Daenerys Targaryen (Emilia Clarke), Tyrion Lannister (Peter Dinklage), Arya Stark (Maisie Williams), Sansa Stark (Sophie Turner) and Brienne of Tarth (Gwendoline Christie) face off against the White Walkers in the battle at Winterfell. “We

must fight together now or die,” says **Tyrion** in a preview teaser. Does that mean even Cersei Lannister (Lena Headey) — who revealed that she’s pregnant with her brother-lover Jaime’s child (Nikolaj Coster-Waldau) in Season 7 — may join her foes in the battle to save Westeros against their common enemy, the Night King? With the twists of a soap opera



Arya and Sansa join up with Jon who they recently learned is their cousin — not their half-brother!

and the thrills of an adventure, the premiere builds toward an ending filled with blood, sweat and tears. “I was very shocked and surprised at certain events unfolding,” reveals Kit. “And then I cried. I blubbed my eyes out!”

SUN. 4/14, 9 P.M., HBO



The 7-Day Television Forecast

SAT	SUN	MON	TUE	WED	THU	FRI
SATURDAY NIGHT LIVE	LES MISÉRABLES	No Good Nick	BLESS THIS MESS	<i>Pretty Little Liars: THE PERFECTIONISTS</i>	Life in Pieces	SOMEONE GREAT
Sketches, Songs	Starving for Justice	Sitcom Shenanigans	A Work in Progress	Torturous Tension	Desperate Resort	Partying, Potential
11:30 P.M. 4/13, NBC	9 P.M. 4/14, PBS	3 A.M. 4/15, NETFLIX	9:30 P.M. 4/16, ABC	8 P.M. 4/17, FREEFORM	8:30 P.M. 4/18, CBS	3 A.M. 4/19, NETFLIX
<i>La La Land</i> meets boy band! Emma Stone hosts and BTS make their SNL debut as music guests, one day after dropping their new album, <i>Map of the Soul: Persona</i> .	Lily Collins is Fantine, Dominic West is Jean Valjean, David Oyelowo is Javert and Olivia Colman is Mme. Thénardier in this all-star (nonmusical!) adaptation.	Sean Astin and Melissa Joan Hart's family life takes a funny turn when a teen grifter (Siena Agudong) shows up at their doorstep claiming to be a distant relative.	In this new comedy, newlyweds Rio (Lake Bell) and Mike (Dax Shepard) move from NYC to rural Nebraska and soon learn the simpler life isn't that easy!	Dylan (Eli Brown) stresses over an audition as the investigation heats up; The Perfectionists' attempt to clear their names in Nolan's murder ends in tragedy.	Season 4 premiere! John (James Brolin) and Joan (Dianne Wiest) get separated from their tour group in the jungle while on the Short family vacation.	Dumped on the eve of her cross-country move, Gina Rodriguez enjoys one last wild night in NYC with her gal pals in this rollicking rom-com romp.
						

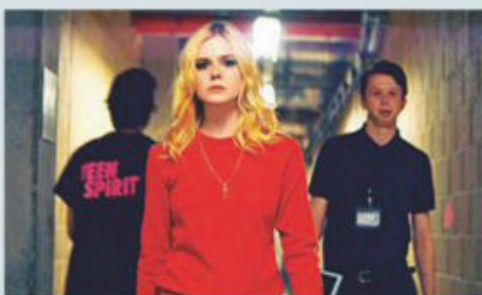
NOW PLAYING: MOVIES



Little

FRI. 4/12, PG-13 ★★★★★☆

Jordan Sanders (Regina Hall) is a mercurial mogul who gets magically transformed into a 13-year-old version of herself (Marsai Martin), forcing her to lean on her assistant (Issa Rae) as she tries to turn back. A crowd-pleasing comedy in the tradition of *Big* and *17 Again*, it's got large laughs and life lessons. Martin and Rae are a dream team, getting stellar support from Justin Hartley (as child Jordan's cute teacher) and Luke James (as adult Jordan's booty call).



Teen Spirit

FRI. 4/12, PG-13 ★★★★★☆

A British farm girl (Elle Fanning) enters a TV singing competition in this drama about the pleasures of pop and the perils of fame. Fanning does her own vocals, and while she'd kill it at karaoke, the perfunctory plot could use a remix.

Missing Link

FRI. 4/12, PG ★★★★★☆

It's a hairy situation! A glory-seeking explorer (Hugh Jackman) stumbles upon a friend-seeking Sasquatch (Zach Galifianakis) in an amusing, enlightened animated adventure in which the human is the one who needs to evolve.



Hellboy FRI. 4/12, R (PREVIEW)

There's a new sheriff in town! *Stranger Things*' David Harbour takes over as the horned hero in this radical reboot, caught between the supernatural and human worlds while doing battle with an evil sorceress (Milla Jovovich) who seeks to destroy mankind.

Hitting
the
slopes!

SNOW DAY

Good thing they're wearing their fur coats! A pair of 3-month-old polar bear cubs play at Russia's Novosibirsk Zoo.

SAY CHEESE!

A very photogenic hamster gets into the swing of things in Serbia.



MAMA'S BOY

A baby manatee nuzzles his mother in Arnhem, Netherlands, during his first public outing.



DOUBLE CREATURE

Does your pet resemble a celebrity?
Email us: pets@intouchweekly.com



Luke and pup Daisy, Hamilton, N.J.



DAISY & LUKE DUKE!

"Daisy is little but feisty and holds her own playing with 65-pound Luke, who's pretty chill," owner Jessica H. says of how her pooches have more than names in common with the cousins from '70s-'80s sitcom *The Dukes of Hazzard*.

LUCKY MONKEY

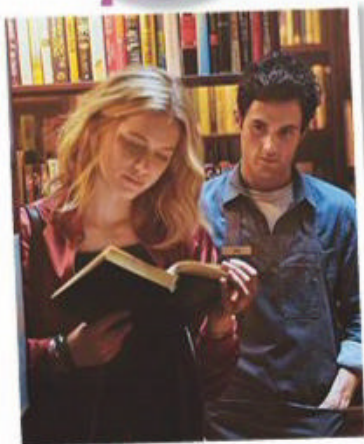
No wonder she's "spoiled," according to owner Matthew Crown: Two-and-a-half-inch-tall marmoset Yeti Kong is the most famous monkey on Instagram!



Mike
"The Miz"
& Maryse
Mizanin

MY NIGHT AT HOME

STARS TELL **INTOUCH** ABOUT THE LAST TIME THEY STAYED IN



We watched...

MIZ: You on Netflix; it's fantastic. We're excited about *Game of Thrones* coming back just like everybody else. And *The Challenge*; I always go back to my roots.

We cooked...

MARYSE: Mike did no cooking. I made homemade gnocchi with Gorgonzola cheese, [and] fondue with Parmesan and white truffle oil.

I kissed...

MARYSE: Our daughter, Monroe.

MIZ: Maryse, actually, because Monroe was sleeping and I didn't want to wake her.

I reorganized...

MARYSE: My makeup vanity.

MIZ: My closet. We actually have separate walk-in closets. Mine's very clean and organized.

I shopped online for...

MIZ: The presale for the book *Howard Stern Comes Again*. It's coming out in May; I'm really ecstatic about it.

I listened to...

MIZ: Five Finger Death Punch. They scream a little, which keeps me going in my workouts.

MARYSE: He works out at 4 a.m. and wakes up the entire street.

MIZ: I do not wake up the entire street. I do work out at 4 a.m.; it's when I have all my energy. You and Monroe are a lot of work, babe.

We hung out with...

MIZ: Ryan Cabrera. We all ate and we drank red wine; Maryse [who is pregnant] drank water.

I laughed...

MARYSE: When Monroe crawled over to the fireplace because she's so quick. She's doing things she wasn't doing even three days ago!

MIZ: Being with my wife makes me laugh every day.



Catch the WWE couple on their reality show, *Miz & Mrs.*, Tuesdays at 10 p.m. on USA Network.



Guess Whose Band!

Match the actor to the musicians they play with



1 This Pirate rocks with the Hollywood Vampires.



2 His Stranger duties made him leave Post Animal.



3 The Honey Brothers were his other Entourage.



4 He's not Home Alone in the Pizza Underground.



5 His brother is also in Thirty Seconds to Mars.



6 Are you not entertained by Indoor Garden Party?



A Adrian Grenier



B Russell Crowe



C Macaulay Culkin



D Jared Leto



E Johnny Depp



F Joe Keery

Answer key: 1: E | 2: F | 3: A | 4: C | 5: D | 6: B

The slimming effect of stable blood sugar levels

The link between sugar consumption and increased body fat has long been known. Too much sugar in the diet promotes more insulin, the fat storing hormone, and thus more body fat. Mulberry leaf extract has been used for a while to promote healthy blood sugar levels, but can it also promote weight loss?

Recently, an Italian study of a sugar-blocking supplement showed significant weight loss results.¹ The supplement, called Zuccarin, produced on average 20 pounds of weight loss, in the 90 day study.



The subjects lost 10% of their body weight, inches off their waistline and three times the weight of the control group, who was also on a 1300 calorie controlled diet, but not taking the Zuccarin supplement. In addition, the subjects also experienced healthier blood sugar levels after using Zuccarin.



Zuccarin™ from New Nordic is the no.1 selling mulberry leaf supplement in the world.

The explanation behind the weight loss could be that Zuccarin uses mulberry leaf extract and chromium to promote healthy blood sugar levels. Mulberry leaf has shown to reduce the absorption of sugars in the foods we eat. When these sugars are undigested, our blood sugar stabilizes and, according to experts, weight loss can occur.

1- "White Mulberry Supplementation as Adjuvant Treatment of Obesity", Journal of Biological Regulators and Homeostatic Agents, Vol 28, no.1, 2014. To make sure this product is right for you, always read the label and follow the instructions.



Available at participating pharmacies, health food stores and online. For more information or to buy directly from the manufacturer, call 1-877-696-6734 or visit our website www.newnordicusa.com.

Results may vary. Consult your doctor and read the label if you are diabetic or take medication for diabetes.



ZUCCARIN™ CHANGED MY LIFE

"I read about Zuccarin in a magazine and since I have blood sugar issues, I started taking this supplement. I have taken it for two years now and can't imagine being without it. I have seen my blood sugar levels stabilize and I have even lost 25 pounds since starting.

I recommended Zuccarin to a lot of my friends and they are now experiencing the same good results as I have. I love this product."

- Elenor C. Miami, FL.



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Double Take

Find the 10 things that make these two pictures different!



The Hills' Lo Bosworth teases the latest flavor trends from McCormick's Flavor Forecast in NYC.

Word Find

Each of these clues can be found within the grid horizontally, vertically, diagonally, backward or forward. Circle them all to solve the puzzle.

MUSIC FESTIVALS

BONNAROO
BURNING MAN
CMA
COACHELLA
EDC
FIREFLY
LOLLAPALOOZA
SXSW
ULTRA
WOODSTOCK

L L B M R A I P N N Y P S H L F C Y H D
W C S P W L O L L A P A L O O Z A G Z Z
C O H O F L O D G Z M L E Z I X Q M I R
B Z Y L F E R I F C T G V P V E Y J L W
N A P B E H A R Z H M U N W I R Q E U W
X X V E D C N V O L B Y Y I H L F L G F
P D M B V A N W P A R G Q H N B T V X M
O I U W W O O D S T O C K M N R N C A T
Q T F Q R C B N I X G G B L A D U A L G
C K X D R C S O M B S D M D U B M B A T

Sudoku

There are nine sections of nine squares in each puzzle. Fill in all blank spaces with numbers from 1 to 9. The numbers can be in any order. In each of the sections, no numbers can be repeated. Nor can numbers be repeated in each horizontal line or repeated in each vertical line.

4					9			3
	1		3		5		2	7
	3	9		7		8		
1				9			7	
	5					3	9	
		7					1	6
	8	5			2			
		6			7			
		1					6	

A DIFFICULTY LEVEL: MEDIUM

2	7				9			
1			7			5	6	
8			1	3			7	
		8	6			7	9	
			2				5	4
			9	8				
7	9	4				6		3
					2			
				6				

B DIFFICULTY LEVEL: ADVANCED

1				8				
3		5				1		
	9		7		6			
	2					7		8
					4		6	3
9		4		3				
2							5	
	7				9			
			1					4

C DIFFICULTY LEVEL: EXPERT

Crossword

ACROSS

- 1 Eat like a chicken
- 5 Tummy muscles
- 8 Rower's tool
- 11 Handy \$20s dispenser
- 14 Need aspirin
- 15 Quick snooze
- 16 Nintendo game system
- 17 "___ sells sea shells..."
- 18 Oscar-winning 2018 role for Regina King
- 21 Informal shirt
- 22 Gin and ___
- 23 Not very smart
- 24 Antlered beast
- 25 Maguire of *The Great Gatsby*
- 28 "___ you crazy?"
- 29 Trump ___ Mahal (former casino)
- 32 Armed conflict
- 33 Tool storage building
- 36 Lobster ___ Diavolo
- 39 Skating surface
- 40 Place to sleep
- 41 Popular DVR brand
- 42 Cruise of 31-Down
- 43 Combine, as traffic lanes
- 45 Malek of *Bohemian Rhapsody*
- 46 Storied whale ___-Dick
- 47 Movie critic Rex
- 49 Jamie Foxx movie with Regina
- 50 Schreiber of *Ray Donovan*
- 52 Martha of *Alice*
- 54 Adam and Eve's garden
- 56 FBI worker
- 59 Shade tree
- 60 Enjoy a book
- 61 Family reunion group
- 63 Brazilian city, briefly
- 64 Split ___ soup
- 65 "No ifs, ___ or buts!"
- 66 Make an offer on eBay
- 67 ___ Francisco
- 68 Old Navy's parent company
- 70 ___ Secretary (Leoni show)
- 72 Solar system center
- 73 Confederacy's foe
- 76 On a cruise
- 81 Jar topper
- 82 Netflix crime series with Regina
- 85 "To ___ is human"
- 86 Period of history
- 87 Common piercing place
- 88 "Get the Party Started" singer
- 89 Ruby of *American Gangster*

- 90 ___ Vito Corleone

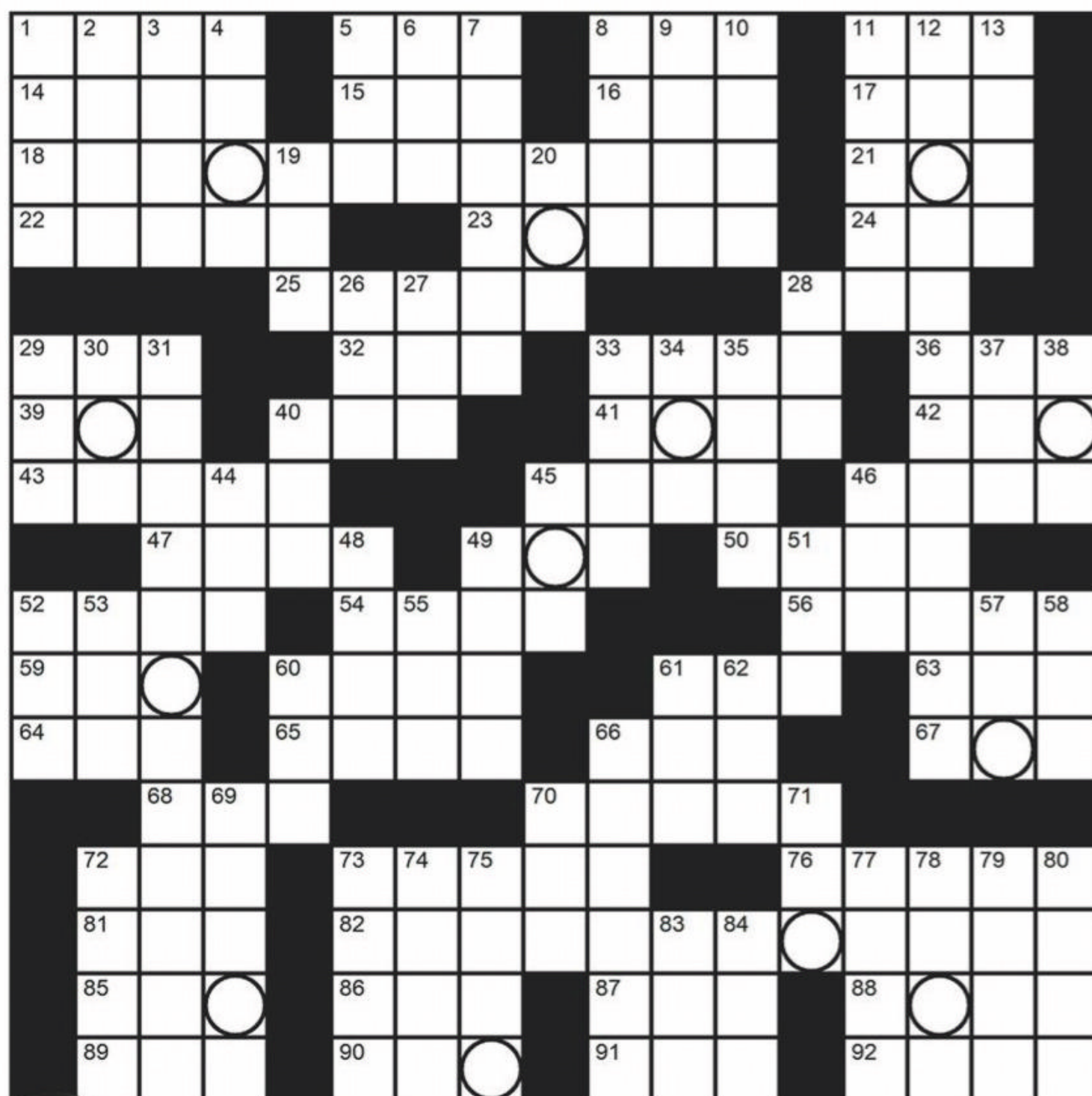
- 91 Deli bread
- 92 Places to get pampered

DOWN

- 1 Days of old
- 2 Sound bounceback
- 3 Jackie of *The Tuxedo*
- 4 Russell of *Felicity*
- 5 Raggedy ___ doll
- 6 *Cheers* setting
- 7 Web spinner
- 8 Wilson of *Wedding Crashers*
- 9 Runs on TV
- 10 Leave one's seat
- 11 Daisy-like flower
- 12 HBO series with Regina
- 13 Timid
- 19 Halloween mo.
- 20 "Oy ___!"
- 26 Be in debt
- 27 ___ hair day
- 28 "Without further ___"
- 29 Allen of *Toy Story*
- 30 Hole in one
- 31 1996 Cruise movie with Regina
- 33 Dog's command after "Sit!"
- 34 "That guy!"
- 35 Dr. ___ (Austin Powers foe)
- 37 Lowe of *The West Wing*
- 38 Schumer of *Trainwreck*
- 40 Hive resident

- 44 "___ whiz!"
- 45 Did a marathon
- 46 Ryan of *You've Got Mail*
- 48 *Paula's Home* Cooking host
- 49 Cincinnati ballplayers
- 51 Holm of *Chariots of Fire*
- 52 Sales staffer, for short
- 53 Brewery offering
- 55 *American ___!* (MacFarlane cartoon)
- 57 Long of *Soul Food*
- 58 2,000 pounds
- 60 Kendrick Lamar's music
- 61 Pamela Anderson ex ___ Rock

- 62 Rhoda mom
- 66 David who becomes the Hulk
- 69 ___ the Giant of *The Princess Bride*
- 70 The Stooge with bangs
- 71 Big ___ (burger)
- 72 Snow vehicle
- 73 Second-hand
- 74 "Fiddling" Roman emperor
- 75 *Meatballs* director Reitman
- 77 Spinning toys
- 78 Scissors sound
- 79 Ms. Krabappel in *The Simpsons*
- 80 Poses a question
- 83 "___ cheese!"
- 84 Poet's "before"



Word Scramble

Arrange the circled letters found within the crossword puzzle in order to decode this week's celebrity jumble.

Regina King starred in this ABC anthology series:



For answers to this week's puzzles, turn to page 62.



Regina King

horoscope

the forecast for April 15 - 21

ARIES

MARCH 21 - APRIL 19

You're out to shock people this week. A mischievous streak has you saying things designed to ruffle more than a few feathers. On the 15th, your creative juices flow freely.

LUCKY NUMBER: 4



Seth Rogen, who will be 37 on April 15, co-wrote the *Superbad* script at age 13.

tional later in the week, so go out of your way to surround yourself with things that make you feel happy and secure.

LUCKY NUMBER: 6

CAPRICORN

DEC. 22 - JAN. 19

Small bumps in the road have the potential to get you down early in the week. Stay positive! Keep personal matters completely private when questionable company may be around.

LUCKY NUMBER: 12

AQUARIUS

JAN. 20 - FEB. 18

It's challenging to stay focused this week, but try your best. Share ideas that you've recently been mulling over with those close to you. Certain people will be uncharacteristically receptive.

LUCKY NUMBER: 1

PISCES

FEB. 19 - MARCH 20

Duty is calling, but are you listening? It's tempting to turn a deaf ear, but it's far easier to do what's expected than avoid it and suffer the consequences. Be open about your feelings on the 16th. State things plainly so there is no confusion about your motives.

LUCKY NUMBER: 8

TAURUS

APRIL 20 - MAY 20

You have important questions to ask now, and success is dependent on how you proceed. The third degree is likely to make someone clam up. Patience goes a long way on the 20th.

LUCKY NUMBER: 11

GEMINI

MAY 21 - JUNE 21

It's easy to overlook things - and people - during this busy week. Catch up on everything on the 19th, when you finally feel calm and in control. This is also a good day to make time for romance.

LUCKY NUMBER: 3

CANCER

JUNE 22 - JULY 22

You're out to prove how responsible you can be. Don't get so

caught up in the details that you lose sight of the bigger picture. Your natural charm will help you.

LUCKY NUMBER: 9

LEO

JULY 23 - AUG. 22

Your thoughts are coming so fast, you can hardly keep up. Jot down ideas so you don't forget them! Anything connected with travel sounds exciting on the 18th - talk a pal into making plans.

LUCKY NUMBER: 5

VIRGO

AUG. 23 - SEPT. 22

You won't rest until you've gotten to the bottom of a certain mystery. Reading too much into a situation can do more harm than good, especially on the 17th. Relax - the truth will come out.

LUCKY NUMBER: 2

LIBRA

SEPT. 23 - OCT. 22

A stroke of genius fills you with excitement this week. Your powers of attraction increase, so don't be surprised if several invitations come your way!

LUCKY NUMBER: 7

SCORPIO

OCT. 23 - NOV. 21

You'll learn a lot from talking to close associates, but you might not like what you hear. On the 21st, you have a great conversation with someone you admire, and it leaves you smiling for days.

LUCKY NUMBER: 10

SAGITTARIUS

NOV. 22 - DEC. 21

Boredom could wind up being expensive, so watch your wallet. You're feeling sensitive and emo-

THIS WEEK'S PUZZLE SOLUTIONS

Double Take

1. Shelf added.
2. Shelf items removed and changed places.
3. "Mc" logo missing.
4. Logo color changed.
5. Seasoning bottles added.
6. Bottle cap color changed.
7. New platter of items.
8. Egg mixture increased.
9. Lo's shirt color changed.
10. Her necklace is missing.

Word Scramble: American Crime

4	7	2	1	8	9	6	5	3	2	7	6	8	5	9	3	4	1
6	1	8	3	4	5	9	2	7	1	3	9	7	2	4	5	6	8
5	3	9	2	7	1	3	6	2	7	9	8	4	5	1	3	6	2
1	5	3	5	9	8	2	7	4	5	1	8	6	2	7	9	8	4
2	5	4	7	6	1	3	9	8	4	5	1	8	6	2	7	9	8
8	9	7	6	1	3	9	8	4	5	1	8	6	2	7	9	8	4
2	7	6	8	5	9	3	4	1	1	4	7	3	8	5	6	9	2

P	E	C	K	A	B	S	N	A	P	S	H	E	A	T	M
S	H	A	R	O	N	R	I	V	E	R	S	T	E	E	
T	O	N	I	C	D	E	N	S	E	E	L	K			
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G	A	P													
S	U	N													
L	I	D													
E	R	R													
D	E	E													

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An exclusive
So Truly Real®
Baby Doll

♥
Weighted to feel so real
in your arms

♥
Complete with a
blanket featuring an
uplifting sentiment



This baby doll is approx.
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 - Backed by our 365-Day Guarantee
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A miracle of doll artistry to cuddle and adore!

Those irresistible brown eyes, that sweet smile, and those wrinkled toes! Everything about her is so precious, it's no wonder she's never out of your loving arms!

Blessed Are the Pure of Heart is a breathtaking Collector's Edition by award-winning doll artist P. Lau. Beautifully rivaling real life, this *So Truly Real®* sweetheart is crafted of *RealTouch®* vinyl with a hug-gable *weighted* cloth body and oh-so-soft *hand-rooted* hair. Her hand-painted features radiate with the innocence of her pure heart, and she arrives wearing a pristine white outfit adorned with delicate ruffles of lace and tiny pink bows sparkling with iridescent sequins, both front and back. She also brings her own baby blanket (for extra cuddling). She'll simply make your heart soar!

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An original doll by P. Lau can sell for thousands, but *Blessed Are the Pure of Heart* is yours for only \$119.99*, payable in four easy installments of \$29.99, backed by our 365-day guarantee. Don't miss out; order today!

www.ashtondrake.com/2457

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*For information on sales tax you may owe to your state,
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PLEASE RESPOND PROMPTLY

☐ **YES!** Please reserve my *Blessed Are the Pure of Heart*
So Truly Real® baby doll as described in this announcement.

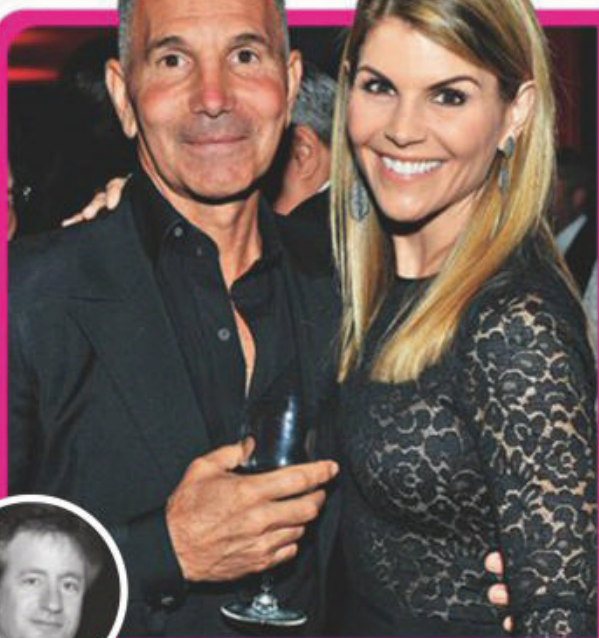
Name (please print clearly) _____ Telephone _____

Address _____ Apt. _____
No. _____

City _____ State _____ Zip _____

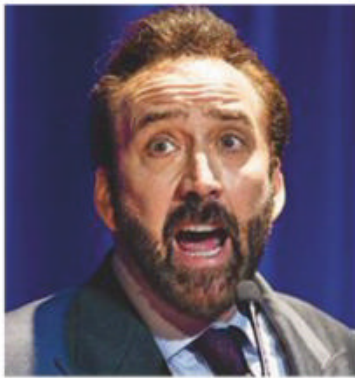
E-Mail Address _____ **03-02457-001-D15302**

*Plus a total of \$11.99 shipping and service, plus sales tax; see ashtondrake.com. Please allow 2 to 4 weeks after initial payment for delivery. Sales subject to product availability and order acceptance.



PAUL LANDER:

“**Lori Loughlin and Mossimo Giannulli** are reportedly ‘very stressed out’ over the college admissions scandal. This explains why the scores of the people they got to take their blood pressure tests were so high!”



COLIN JOST:

“**Nicolas Cage** is filing for annulment four days after getting married in Las Vegas. Read more about it in this month’s issue of *That Sounds About Right*.”



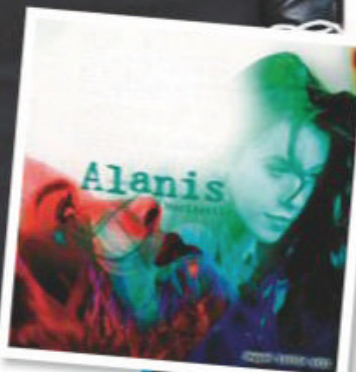
WILL PRESTI:

“**Batman** turns 80 today. You can tell he’s getting older because they had to install a Batpole in the shower.”



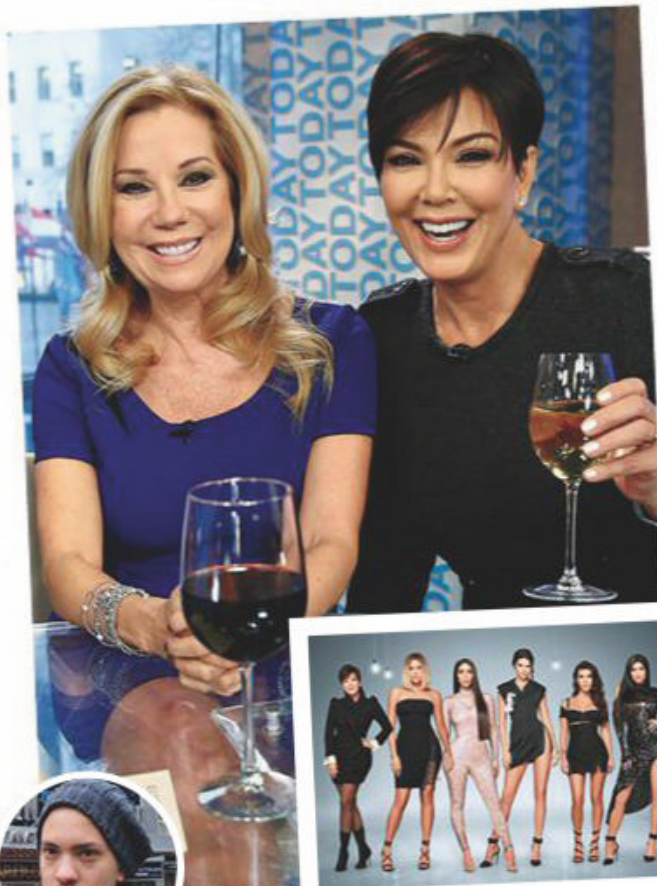
JAMES CORDEN:

“A Texas man tested the boundaries of Petco’s policy of allowing ‘all leashed pets’ into their stores with a gigantic **steer**. I feel bad for the employee who was called over the intercom: ‘Greg, we’ve got a cleanup on aisle 7. You might want to bring a shovel!’”



MICHAEL CHE:

“Singer **Alanis Morissette** announced on Instagram that she is pregnant. I guess she forgot to take her *Jagged Little Pill*.”



DLISTED’S MICHAEL K:

“**Kathie Lee Gifford** revealed in a recent interview that she once lent **Kris Jenner** money and encouraged her to do a reality show. Now we can blame Kathie Lee for the unholy rise of the Koven.”

Stop the shedding - Turn up the volume!

Is your hair in need of a "health boost"? Is it shedding or starting to look dull? Then try nourishing it from within, with Hair Volume™, the world's leading hair nutrient tablet.

Beauty from within

Hair is essentially composed of dead cells so using topical solutions to nourish it won't do much good. **Nourishing your hair starts at the root.** Studies have shown that hair follicles benefit from nutrients found in grains, fruits and other plants. Apples, for example, contain the nutrient procyanidin B2, which is a beneficial hair growth-promoting factor.



Just one tablet a day

Hair Volume™ is a best-selling supplement from Sweden that contains millet, biotin, and a special apple extract. Just one tablet a day will provide you with more hair nutrients than most competing brands and will help you strongly nourish your hair from within.

DID YOU KNOW?



The first thing you may notice when taking Hair Volume is that your nails start getting stronger because nails react faster to a new supply of nutrients than hair. After a month or so, your hair will likely stop shedding and start to gain volume.

TESTIMONIAL



"I have taken Hair Volume for two years now and the results are just amazing. My hair seems to have stopped shedding as much and now appears to grow faster and thicker. I did not tell my hairdresser about Hair Volume, so when she cut my hair, she asked me 'Have you done something different? Your hair feels thicker.' I strongly recommend this great product to everyone!"

- Rachel H., Oklahoma

TEST YOURSELF



- ☐ Is your hair looking dull and thin?
- ☐ Do you experience hair shedding?
- ☐ Are your nails brittle?
- ☐ Do you want to nourish your hair naturally?
- ☐ Are you looking for more hair volume and shine?

If you answered YES to these questions, Hair Volume is definitely something you should try.



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* Based on our Clinical Hair Volume study of which 87% of people would recommend the product Hair Volume. Reference: "Evaluation of a functional food on the quality of the hairs on a panel of volunteers", Study 15E3405, Longjumeau, France. 12.Oct.2018

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